

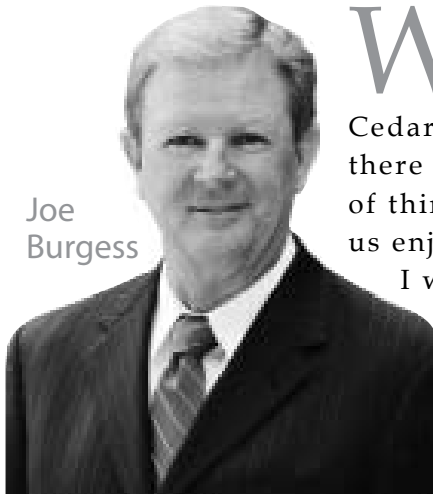
Festival City USA This Month

CEDAR CITY, UTAH, COMMUNITY UPDATE



FOR THE MONTH OF NOVEMBER, 2012

A MESSAGE FROM THE MAYOR



Joe Burgess

What a beautiful fall we have had here in Cedar City! As usual there have been plenty of things to do to help us enjoy the season. First I would like to say congratulations to the Utah Shakespeare Festival for their successful season.

They sold over 142,000 tickets this year. I don't recall what they sold last year for their 50th anniversary but I know this year was even better. Thanks to Fred Adams, Scott Phillips, and the cast and crew. There are also many people behind the scenes who help to make the Festival a success and I want all of them to know they are appreciated. My wife and I attended on closing night and enjoyed a wonderful performance of *Les Miserables*. There were many locals there to celebrate the occasion. Thanks again to all of those involved for making the Festival such an important part of Cedar City.

Saturday October 27th was SUU's last home football game and what an exciting game it was! SUU won 30 to 27 against the number one ranked school in our division. Congratulations on a game that kept us glued to our seats.

The 27th was also the Cedar Livestock and Heritage Festival and it was a great success. My wife and I were fortunate to be asked to ride in the parade, and even more fortunate to ride in a vintage buggy ahead of

the 1000 sheep that were also privileged to take part. The parade had the most spectators they have ever had. Congratulations to Chad Reid and the Cedar Livestock and Heritage Festival Committee for a job well done. I don't know what I enjoyed most, the cars, the tractors or just seeing so many people out enjoying a beautiful fall day on Main Street.

And just in case you may think all the fun activities are over for the year, let me update you on what's coming up in November.

November 10th is Iron Mission Days with many activities at the Frontier Homestead State Park. They always have great activities and hands-on learning projects there. The 10th is also the day of Cedar City's Birthday Ball, which will be held at the Heritage Theater. It was great fun last year and all who attended had a good time.

On the 11th at 7 p.m. in the Heritage Theater the Master Singers will perform their Veterans Day Concert. You will not want to miss this. This group has exceptional talent and the all-male voices raised in patriotic song makes for a very inspiring evening. Monday, November 12, Veterans Day will be observed with several activities, beginning with a flag raising at the Rotary Veterans Memorial Park at 9 a.m., courtesy of American Legion Post 74. At 11 a.m. a program at the Randall Jones Theatre will feature inspiring patriotic music and speeches followed by a luncheon for our honored veterans, hosted by the Elk's Club.

The Story Book Cavalcade will take place

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Lori Wiarda honored

Accounts Payable Specialist
Lori Wiarda has been selected as November's Employee of the Month by the Cedar City Employee Advisory Committee.

Lori has worked for Cedar City for three years. Prior to being hired by the City, Lori and her husband ran their own business management accounting company.

Her nomination reads: "Lori has a good working relationship with the various vendors and community partners the City utilizes. She follows the policies, procedures, and purchasing guidelines set forth by City and State code in a very



fair and impartial manner. Lori not only completes her assigned tasks, but went the extra mile while the City was recruiting a new Finance Director. Not only do the members of our office benefit from Lori's abilities, but the other departments in the City and the taxpayers of Cedar City do as well. Lori has set a high standard in the area of job performance and easily meets the qualifications for Outstanding Employee."

Lori graduated from CA State University, Stanislaus where she majored in accounting. She is married, with one grown daughter, and describes herself and her husband as "empty nesters living with two bulldogs." Her hobbies include competitive shooting and reading.

Lori enjoys the variety of people she interacts with at work and the independence she is allowed in her position. Congratulations Lori!

Public Works

WATER DIVISION: It's freezing at night! Grass is going dormant for the winter. Hopefully the irrigation lines are drained and the hoses are unhooked and drained. This is a good time to check for any indoor leaky faucets, toilets, etc.

SNOW REMOVAL: In preparation for the white stuff, when the plows are out, more effective plowing occurs when vehicles are parked off the street. Please keep all pedestrian walkways clear of snow. Don't force folks to walk in the street.

GARBAGE PICK-UP: We would like to remind you to please place your garbage can(s) on the asphalt in front of the curb, not in the gutter and away from cars for pick-up. During the winter months if the snow plows have been through, place the can on the street-side of the windrow so the garbage truck can pick it up more easily. If you reside in a cul-de-sac please continue to bring your can down to the neck of the cul-de-sac on your pick-up day.

REMINDER - The City will celebrate Veterans Day on the respective Monday (November 12). Garbage for that Monday will be picked up on Wednesday, November 14. The City will also be closed on November 22 and November 23 for the **THANKSGIVING HOLIDAY**. The Thursday, November 22 garbage pick-up will occur on Wednesday, November 21 and the Friday, November 23 garbage pick-up will occur on Monday, November 26. Please make sure your cans are put out by 7 a.m.

LANDFILL: There are many items the City garbage trucks are not able to pick up. You may dispose of items such as carpet/padding, appliances, furniture, and residential construction materials at the landfill. Certain items require a fee before disposal. The landfill is located at 3127 N. Iron Springs Rd. If you have any questions, please call them at (435) 865-7015.

STREETLIGHTS: If you notice streetlight outages around the City, please notify our office by emailing the street light address (and pole number if possible) and your contact information to streetlights@cedarcity.org. You may also call our office at (435) 865-4510. We will follow up on the request.

AIRPORT: Thanks for flying out of Cedar City! For more information on flight times please visit the www.skywest.com website. We would like to remind travelers who are checking baggage to arrive at least 30 minutes before your flight in order to allow proper baggage screening to take place.

The Public Works office would like to remind you that any work done within the road right-of-way requires an encroachment permit, which can be acquired at our office at 716 N. Airport Rd. We appreciate any comments or observations on any Public Works operations. Please call us at 586-2912 x-300.



Successful film festival to expand

After the success of this year's American Southwest Classic Film Festival's showing of the classic 1958 film "The Proud Rebel" at the Heritage Theater on October 4th, the Festival has announced the first of several films which will be featured in next year's festival.

Films slated to be on the program for next year's Festival include "Drums Along The Mohawk" (1939), a John Ford film which starred Henry Fonda, Claudette Colbert and John Carradine. Filmed in the Cedar City and Duck Creek areas, the movie saw significant commercial success and was unique in that although it was filmed in southern Utah it featured no red rock scenery. For more information on this and other films that will be featured in next fall's festival go to cedarcity.org.

Keep sidewalks clear for pedestrians

As snowy weather approaches, the Cedar City Disability Awareness/Action Team reminds community members that City Ordinance states that the owners of a home or business have the responsibility to remove snow from the sidewalk in front of their building(s) within 24 hours.

This can become a challenge when it snows repeatedly, but looking at the problem through the eyes of a handicapped person or a parent whose child is forced to walk in the street on their way to school makes it obvious why this rule is important. Your help is appreciated.

Cedar City Animal Control facts

- Cedar City ordinance limits City residents to two dogs and or/two cats at any one residence.
- All dogs and cats must be licensed each year. Licenses can be purchased at the City Office or at the Animal Shelter. The licensing fees that the City Council has established encourage the spaying and neutering of pets. The fees are \$10 for sterilized dogs and \$50 for unsterilized dogs and \$5 for altered cats/\$35 for unaltered. All dogs must have a rabies vaccination in order to obtain a license.
- Animals can be adopted at the Cedar City Animal Shelter, located at 1150 W. Kittyhawk Drive, on Mondays between the hours of 9 a.m. and 1 p.m.; Tuesday through Friday from 9 a.m. to 6 p.m.; and Saturdays from 9 a.m. to 1 p.m. Animals can also be surrendered during those hours, however, there is a surrender fee of \$100 for Cedar City residents and \$200 for residents of other areas.
- Animal abandonment is a Class B Misdemeanor.

It is in the best interest of the citizens of our community for the City to promote responsible pet ownership. If you have any questions about your animals or the Cedar City animal control ordinances, please call the Animal Shelter at (435) 586-2960.

Coming Up...

November 10 - Turkey Hoop Shoot at CVHS - 10 a.m. Compete for a turkey and other prizes. For info call Cedar City Leisure Services at (435) 865-9223.

November 10 - Iron Mission Days Special Community Day at Frontier Homestead State Park - 10 a.m.

to 4 p.m. Living history/pioneer craft demonstrations and hands-on activities. For info call (435) 586-9290.

November 10 - Cedar City Birthday Ball at the Heritage Center - 7:30 p.m.

Event includes entertainment, local floor show, and fresh Dutch oven cobbler. Free! For info call (435) 865-7289.

November 11 - Master Singers Veterans Day Concert at the Heritage Theater - 7 p.m. Free! For info call (435) 865-1072.

November 17 - Story Book Holiday Parade on Main Street - 2 p.m. Great fun for children of any age. For info call (435) 817-3674

November 17 - Merry Tuba Christmas held immediately after the parade. Enjoy Christmas carols played by tuba players for an early start to the season. For info call (435) 559-9609

November 28 - Piano Extravaganza at the Heritage Theater - 7:30 p.m. Students of all ages will be playing piano duets and ensemble music. For info call (435) 586-1935.

December 3 - Christmas at the Homestead at Frontier Homestead State Park - 5:30 to 8:30 p.m. For info call (435) 586-9290.

December 9 - 10 - The OSU's 72nd annual presentation of Handel's Messiah in the Heritage Theater - 7:30 p.m. Free! Seating is on a first come, first served basis for this popular event so be sure to arrive early. For more info call (435) 586-2286.



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November 17th at 2 p.m. along Main Street. It is being held a week earlier this year in hopes of avoiding the cold weather that caused its cancellation last year. If that strategy doesn't work, we have an alternative date of December 1st for the parade.

The City is working with the Redevelopment Agency to create a festive look for our downtown area. I encourage everyone to come out this holiday season and stroll around and check out the new lights and decorations. I promise it will add to your enjoyment of the holidays.

As promised last month, Steven Heath directs us to petrified wood sites below: There is probably a lot of petrified wood in Iron County, but unfortunately it is buried under tons and tons of rock. The only exposed fossil wood the writer is aware of within the county borders is located on private property in Shirts Canyon. Further south, though, there are areas where exposed petrified wood can be found. The closest fossil wood forest, and a very good one, is located on LaVerkin Creek in the Kolob section of Zion National Park. There are numerous exposed logs on the creek. The hike is not short or easy, but the directions are simple and straight forward. You start at Lee's Pass in Kolob as if you were hiking to the Kolob Arch. When you reach La Verkin Creek, leave the Kolob Arch Trail and follow the creek southward until you reach the beautiful petrified logs. At certain times of the year insect repellent may make the hike more enjoyable. But even with the insects the trip to the logs is worth the effort. It is a twelve or thirteen mile round-trip.

The second set of petrified wood you may want to visit is also in Zion National Park. It is a shorter hike; about five miles round-trip. The petrified wood forest is accessed off Utah Highway 9 on the Huber Wash Trail about a mile south of Rockville. The most interesting thing about this hike is the petrified wood log jam in the cliffs below the fossil wood forest. Check with a park ranger at the park for more details.

More petrified wood is located in the many washes of Little Creek Mountain west of Utah

Highway 59, about fifteen miles southeast of Hurricane. Drive a high center vehicle if you go here. You may want to check with the BLM in St. George for precise directions and the restrictions on bringing home some of this petrified wood. I should also mention an interesting petrified wood forest on the steep hill directly east of the town of Toquerville. Here you have to look closely since most of the wood is barely exposed. I found a giant, mostly buried log on one of these trips up the hill. You may have to search a little for the trail head. In December we will conclude this series with my "Top-Ten" hikes in southern Utah and northern Arizona.

This month VVMC shares some timely ideas that can help us to take control of our eating habits.

With Thanksgiving and the holiday season upon us, there will be many chances to eat delicious foods and those irresistible chocolates, candies, cakes, and pies. With all that food lying around, many find themselves turning to food to combat emotions such as stress, boredom, loneliness, fear, and anger. Emotional eating can lead to overeating, especially foods that are high in calories, sugar and fat. These five tips can help you change your eating habits:

- Identify why you are eating. Then, come up with a method to fix it. Try relaxation techniques like meditation, yoga, deep breathing or Pilates.
- Take a hunger reality check. How long ago did you eat? Do you want to eat because of physical reasons or emotional reasons? If you ate recently and your stomach is not growling, drink a glass of water.
- Distract boredom. To stop yourself from eating when you are bored, chat with friends, spend time with a pet, or listen to music.
- Take away temptation. Stock up on healthy snacks like fruits, vegetables, nuts or yogurt.
- Do not deprive yourself. Make sure your diet includes a variety of healthy foods and treat yourself once in a while to a favorite snack.