

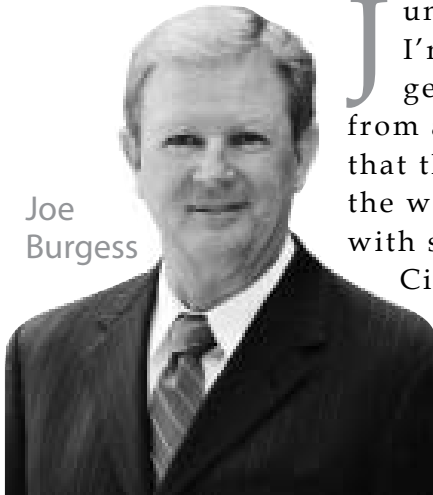
Festival City USA This Month

CEDAR CITY, UTAH, COMMUNITY UPDATE



FOR THE MONTH OF JUNE, 2012

A MESSAGE FROM THE MAYOR



Joe Burgess

June has arrived and I'm sure that I will get no argument from anyone when I say that there is nothing in the world that compares with summer in Cedar City.

A couple of weeks ago, my wife and I had the privilege of attending the Policeman's Ball

where several of our City's police officers received awards and commendations. All the officers wore their dress uniforms and their lovely wives were dressed in formal attire. It made for a beautiful evening, and we enjoyed getting to know our CCPD officers better. It was amazing to hear their stories and see them get their awards. Occasions like these are one of the perks of being the Mayor, and I was grateful to be invited to attend.

Recently I have had several people ask me about their utility bills and I confess I was not sure how to answer them, so I have done some investigating. I asked the expert, City Utility Billing Clerk, Kristin McClellan, who explained that the minimum charge for water is \$13.00. This amount never changes. The remainder of your water bill is based on water usage. If your bill includes the minimum charge only, it could mean that your water usage has been less than 1000 gallons; that your water usage has not

registered on the meter; or that your water meter was not accessible that month. These last two scenarios will result in a "catch up" bill later. The Water Department does not estimate water usage. You can also expect to have your water usage vary from month to month, regardless of whether sprinkler systems are turned on or off, due to varying household usage. Hopefully this will answer any questions about City water bills.

While we are on the subject of water, remember to water only between 6 p.m. and 8 a.m. This saves up to 40% of the water from evaporating. Not only is this a City ordinance, but it is important to remember that we live in the second driest state in the nation and we need to learn to conserve this valuable resource.

This is always a busy month in our community with plenty of great activities. I want to mention the Paiute Restoration Gathering and Pow Wow, which misses the publication date of the newsletter every year, since it is always toward the beginning of the month. This year is the 32nd anniversary of the Pow-Wow and I am looking forward to being in the parade on June 8th and attending some of the other events. We are fortunate to have such a colorful and historic festival here in Cedar City each year.

The Utah Summer Games will also be starting by the time the newsletter goes out. The opening ceremonies will be on June 14. We appreciate having the Games here in Cedar City. They are a shot in the arm for our

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Lawrence Rember honored by EAC

Wastewater Collections Operator Lawrence Rember has been selected by the Cedar City Employee Advisory Council as Employee of the Month for June.

Lawrence was nominated by Wastewater Superintendent Darrell Olmsted. His nomination reads, "Lawrence is an outstanding employee. This last year he spent a tremendous amount of hours putting together a list of sewer line repairs



and evaluating the severity of each needed repair...

Lawrence also takes care of all the sewer lift stations in the City and in the County. His

attention to detail and cleanliness ensure the lift stations are kept in peak operational condition...He continually works at increasing his knowledge of lift station repair and maintenance to help ensure that their downtime is minimized. Lawrence is always willing to do what is necessary to get the job completed. It does not matter if the work is needed after hours or on the weekends. Lawrence is always willing to give some family time to take care of the City's needs--which he does without complaint."

Lawrence graduated from Cedar High School and was hired by Cedar City Corporation in 2006. He is a single dad with two daughters, and enjoys outdoor activities such as camping and fishing.

Lawrence says he enjoys the laid back atmosphere at work and the people that he works with, both within his department and in other City departments.

Public Works

Watering is to be done before 8 a.m. and after 6 p.m. These watering times are year round. Please be sure to keep as much water off the sidewalks and streets as possible - keep it on the lawn. Watering in June should be ½ inch every 3 days. Let's do our part to conserve.

STREET MAINTENANCE: We continue our annual street maintenance in June. The area of the City scheduled for maintenance activities includes areas from Main Street to I-15 and from 200 North to Canyon View High School. When you see crews approaching your neighborhood, we encourage you to park your vehicle in the driveway so the maintenance work can be done completely. If a residential property owner in this area has problems with the curb, gutter or sidewalks, the City is willing to tear out the old if the owner is willing to pay for replacing the concrete. For more details, call Jeff Hunter at 586-2967.

LANDFILL: There are many items the City garbage trucks are not able to pick up. You may dispose of items such as carpet/padding, appliances, furniture, and residential construction materials at the landfill. Certain items require a fee before disposal. The landfill is located at 3127 N Iron Springs Rd. If you have any questions, please call the landfill at (435) 865-7015.

STREETLIGHTS: If you notice streetlight outages around the City, please notify our office by emailing the street light address (and pole number if possible) and your contact information to streetlights@cedarcity.org. You may also call our office at 865-4510. We will follow up on the request.

THANKS FOR RECYCLING. Glass and cardboard are accepted at SURE Recycling at 1342 W. Industrial Road (the old Coke plant). Please break boxes down and compact all items before disposing. Bins are emptied every Tuesday. Please do not leave debris behind at the recycling sites.

WATER METERS: Please remember that it is against Cedar City ordinance for anyone other than the Cedar City Water Division to access water meters at residences. If the need to access the water meter arises, please call our office at (435) 586-2968 and a member of our Water Division crew would be happy to assist.

AIRPORT: Thanks for flying out of Cedar City! For those of you who haven't heard, Regional Jet Service begins in Cedar City on June 1, 2012. For more information on flight times, please visit the www.skywest.com website. We would like to remind travelers who are checking baggage to arrive at least 30 minutes before your flight in order to allow proper baggage screening to take place.

The Public Works office would like to remind you that any work done within the road right-of-way requires an encroachment permit, which can be acquired at our office at 716 N. Airport Rd. We appreciate any comments or observations on any Public Works operations. Please call us at 586-2912.



Upcoming Cedar City Events

FATHER'S DAY FREE SWIM

Saturday, June 16 - 10 a.m. to 6 p.m.
Aquatic Center, 2090 W. Royal Hunte Dr. - All dads swim for free.
For more info call (435) 865-9223.

MASTER SINGERS FATHER'S DAY CONCERT

Sunday, June 17 - 7 p.m.
Heritage Theater, 105 N. 100 E.
Admission is free.

COLLIN RAYE CONCERT

Wednesday, June 20 - 7:30 p.m.
Heritage Theater. Don't miss the chance to see this gifted singer perform in a beautiful and intimate setting. For tickets go to www.cedarcity.org and click on the link.

GROOVEFEST

Tuesday, June 19 through
Sunday, June 24

This is Groovefest's 10th year in Cedar City. Events include musical performances for every taste; a free campfire concert in the canyon; poster exhibits; musical workshops; the "Run for the Music" quarter marathon on June 23, as well as many other activities. For info go to www.groovefestutah.com.

UTAH SHAKESPEARE FESTIVAL

June 21 through September 1
Plays include: *The Merry Wives of Windsor*, *Mary Stuart*, *Titus Andronicus*, *Les Miserables*, *To Kill a Mockingbird*, *Scapin*, *Hamlet*, and *Stones in His Pockets* as well as the New American Playwrights Project series. For more info go to www.bard.org.

CEDAR CITY FIRE ROAD RACE

Saturday, July 7- 8 a.m.
Off-road cycling race with varied routes and distances from 12 to 62 miles. For info, or to register, go to www.dirtfondo.us.

Pollution prevention begins at home

Did you know the average household contains between three and ten gallons of materials that are hazardous to human health or to the natural environment? There are obvious culprits, such as paint thinner, car batteries, and cleaners; but beyond clearly hazardous materials, substances such as polishes, greases, prescription medicines and personal care products can affect the environment if disposed of improperly. Every time someone dumps a can of paint thinner down the sink, flushes medicine down the toilet, or throws an old car battery out with the trash, it impacts our water quality – but it doesn't have to happen.

You can prevent pollution before it starts through proper disposal, educated product choices, and the desire to contribute to the sustainability of the continued environmental health of our community. That's why it's so important to think about how you dispose of household waste. When it comes to cleaner water and a healthier environment, sustainability really does start at your sink. Please use the link www.wef.org to access the Water Environment Foundation web page. Conduct a search for key words, "Household Waste Chart" to access an online chart to assist you in proper disposal, and/or reuse of your household hazardous waste.

Contact Peter Sury, Cedar City Pretreatment Coordinator at (435) 867-9426, ext. 304 for further questions in relation to disposal of your household hazardous waste products.

Benefits of a nutritious breakfast

We often have a tendency to get "too busy" in the mornings. We may even sleep in or simply just forget to eat breakfast. For these and many other reasons, breakfast is often skipped, but it's very important. A healthy breakfast gives us energy, controls our weight, and jump starts our metabolism.

Eating a nutritious breakfast will help you make sure to start your day the right way. Your body needs energy to get going in the morning. Your "fuel" levels have been depleted while you were sleeping. If you skip breakfast, you may feel fatigued and have a hard time focusing. Skipping breakfast can also lead to unhealthy eating during other meals because you may be hungry and have a tendency to overeat.

In order to maximize your breakfast benefits, you need to make sure it's healthy. A healthy breakfast includes a combination of protein, carbohydrates, and fiber. Also, make sure to choose dairy products that are low in fat. Eggs are a great source of protein and nutrients. It is always a good idea to add fruit and whole grains to increase your fiber intake, and good carbohydrates to keep you full.

...From Valley View Medical Center



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local economy and are also one of the best recruiting tools SUU has. The kids come here to participate in the games, and then make the decision to attend school here. It is a great system. Thanks to everyone who helps make Summer Games a success each year.

We are excited to have Collin Raye in concert at the Heritage Theater on June 20. Other fun events this month are the Father's Day free swim at the Aquatic Center on June 16 and Groovefest and the Run for the Music Quarter Marathon on the 23rd. Finally, the Shakespeare Festival begins June 21. Remember to get your tickets early, as there are several plays that could be sold out early such as my favorite, *Les Mis*.

Summer passes too quickly, and my wife reminds me that you need to be thinking about who you could nominate for the Family of the Year award, which will be given during the Cedar City Family Festival in August. These nominations should be in by the end of July. For more information on the Family Festival, and to obtain a form to nominate a family, go to cedarcity.org and click on festivals, then Cedar City Family Festival.

In case you have any spare time after all of these activities, Steven Heath describes more hiking opportunities in our area:

Ashdown Gorge- Part Two - Last month, I described the hike up to Flannigan Arch. But the gorge above the Flannigan Arch is almost as remarkable as the arch itself.

After following the directions that were in last month's article, continue walking upstream until you come to the junction of Rattlesnake and Ashdown Creeks. A few feet up Rattlesnake Creek is a thirty-foot high structure, which I call the "Pinnacle." For many years the stream went around this spot on both sides. It is a very unusual product of erosion. Continue to walk up Rattlesnake Creek. About a quarter mile upstream you will come to the first of three waterfalls. The resistant layer forming the waterfall goes entirely across the narrow canyon. It is easy

to get around on the left side of the waterfall. On one trip here, I was able to walk over the waterfall since a flood had filled the area below with an eight-foot pile of rocks. The resistant layer causing the waterfall is probably the same as the rocks on top of the Pinnacle. After enjoying this unique waterfall, continue walking upstream.

Less than a half-mile from the waterfall Rattlesnake Creek divides. Lake Creek comes in from the left and Rattlesnake Creek from the right. Follow Lake Creek until you come to the next waterfall, which is about twenty-five feet high. Your trek up this narrow canyon ends at the waterfall. Some may want to enjoy a shower, but I assure you the water will be cold. On your return to Rattlesnake Creek, stop to examine the debris piles along the stream. On every trip I have made to the Lake Creek Fall, someone in the party has found some nice Cretaceous-age fossils, including some beautiful gastropods.

After you return to Rattlesnake Creek, continue on upstream. In a very short distance you will come to a spectacular waterfall, the Rattlesnake Creek Fall, which plunges down about seventy-feet in three steps. It is very difficult to photograph because of the narrowness of the canyon and the sharp bend the stream takes after the waterfall. It is a beautiful waterfall that hikers often miss--they walk down Rattlesnake Creek from the rim of Cedar Breaks, and then, when they come to the first waterfall they continue on down Ashdown Creek without examining the wonders of Rattlesnake Creek.

An alternate route to exit Ashdown Gorge is to walk on up Ashdown Creek to where it intersects the old Ashdown sawmill road, then walk this road back to the College Cabin. Along the way look down into the gorge for a place to view the Flannigan Arch. Will Flannigan found the arch in 1916 from this viewpoint. Someday the waterfalls and the Flannigan Arch should be included as part of Cedar Breaks National Monument.

Next month we will talk about hikes to see some of Cedar Mountain's bristlecone pine trees.