

Festival City USA This Month

CEDAR CITY, UTAH, COMMUNITY UPDATE



FOR THE MONTH OF APRIL, 2012

A MESSAGE FROM THE MAYOR



Joe Burgess

March was a busy month with many things happening in our city. The Paiute Housing Authority had the ribbon cutting on its new building, which will be a great asset to them since they have outgrown their old facility. This building makes a

nice addition to our community.

The Rotary Club held its second annual Pink Tea which was a big success. All proceeds went to the Sandra Maxwell Cancer Center. It was a big month for the Cancer Center, as it had the ribbon cutting for the new infusion center as well. Thanks to all who helped, contributed and attended these events. Having these facilities here in Cedar City will be a great help to those afflicted with cancer, and we are grateful to have them here.

We at the City are working on the budget for the 2012-2013 fiscal year. We are fortunate that our revenue is increasing, mostly due to a rise in sales tax revenue. This will enable us to balance the budget without having to cut staff or services. The budget should be ready to go to the City Council by May 2nd.

I have been wanting to get out and visit the sites that Steve writes about in the newsletter, so one afternoon my wife,

Bev, and I took seven grandchildren and some of our children to see the Indian glyphs that he wrote about in February. We had a great time going to see the ones up Braffit's Canyon and the Parowan Gap. I must admit the grandchildren were more interested in the waterskeeters in the creek than the writing on the rocks, but it was a great afternoon anyway. We look forward to visiting the seasonal waterfalls in the next few days.

With spring here, more activities are coming up with Cedar Recreation. To help keep you informed, I have asked Susie Pedersen, our Recreation Coordinator, to give us a brief report on what is happening in that department.

- Registration is going on now for baseball and softball, including T-Ball and Machine Pitch for boys and girls ages 4 - 8. Cost is \$35; games run mid-May through mid-July.
- A spring tennis clinic for pee wees, beginners/advanced beginners, and intermediate players will be offered on April 16, 17, 18, & 20 (M, T, W, F) at the Canyon View High School tennis courts. Register at the Aquatic Center. Cost is \$25.
- AYSO soccer registration is April 14, 18, 21, and May 9, 16, 19 at the Library. Cost is \$60. Play begins in August.
- MLB's (Major League Baseball) Pitch, Hit, and Run Competition will be held on April 28, at 10 a.m., at the Fields at the Hills Complex. The event is free for boys and girls ages 7 -14, and is a skills competition that includes pitching at a target; hitting

(CONTINUED ON PAGE 4)



John Glass selected

Sewer Collections Operator John Glass has been chosen as the Cedar City Employee Advisory Council's Employee of the Month for April.

John was hired as a Maintenance Worker by the Cedar City Street Department in 2000, and has been in his current position since 2003.

He was nominated by Public Works Executive Secretary Jessica Brown, who wrote: "John was assigned the task of performing an audit on all county sewer connections. He willingly took



on the task, completed the audit in a timely manner, and was extremely thorough in his findings. John

has recently been assigned to work with the camera truck.

This task involves greater use of technology, as well as knowledge of the collections system. John has dedicated his time and efforts to being more "computer savvy" in performing these duties.

"John's attention to detail contributed greatly to ensuring the audit was accurate and updated. His explanations to any related questions helped educate others so they could better process the data for the reports. John has been a pleasure to work with during this process."

John was born in Farmington, N.M., but has lived most of his life in Utah. He is currently single, with a 6-year-old daughter. He and his daughter like to swim, go to the park, camp and fish together.

John said what he enjoys most about his job is "the technology and the things that we do to improve the sewer system."

Public Works

SPRING CLEAN-UP: The Street Division has begun spring clean-up and will continue through April. You may view the clean-up map and schedule at www.cedarcity.org. Please remember that we will only pick up yard waste, untreated wood, asphalt, dirt, rocks, concrete and tires (four or less per pile, no rims). We will not pick up any furniture or appliances and regular trash bundles will not be eligible for spring clean-up collection. Any unacceptable items are the homeowner's responsibility and will need to be removed from the street.

STREET MAINTENANCE: For future notice we will begin our annual street maintenance in May with skin patching. The area of the City scheduled for maintenance activities includes areas from Main Street to I-15 and from 200 North to Canyon View High School. When you see crews approaching your neighborhood, we encourage you to park your vehicle in the driveway so the maintenance work can be done completely. If a residential property owner in this area has problems with the curb, gutter or sidewalks, the City is willing to tear out the old if the owner is willing to pay for replacing the concrete. For more details, call Street Superintendent Jeff Hunter at (435) 586-2967.

LANDFILL: There are many items the City garbage trucks are not able to pick up. You may dispose of items such as carpet/padding, appliances, furniture, and residential construction materials at the landfill. Certain items require a fee before disposal. The landfill is located at 3127 N Iron Springs Rd. If you have any questions, please call the landfill at (435) 865-7015.

STREETLIGHTS: If you notice streetlight outages around the city, please notify our office by emailing the street light address (and pole number if possible) and your contact information to streetlights@cedarcity.org. You may also call our office at 865-4510. We will follow up on the request.

THANKS FOR RECYCLING: Glass and cardboard are accepted at SURE Recycling at 1342 W. Industrial Road (the old Coke plant). Please break boxes down and compact all items before disposing. Bins are emptied every Tuesday. Please do not leave debris behind at the recycling sites.

WATER: Please remember that during these early spring months the ground is still saturated from the winter so there is no need to jump the gun on irrigation. Cold nights are still a threat.

WASTE WATER: The response for picking up bio-solids was great. They are all gone. Check with the Treatment Plant next spring.

AIRPORT: Thanks for flying out of Cedar City! For more information on flight times, please visit the www.skywest.com website. We would like to remind travelers who are checking baggage to arrive at least 30 minutes before your flight in order to allow proper baggage screening to take place.

The Public Works office reminds you that any work done within the road right-of-way requires an encroachment permit, which can be acquired at our office at 716 N. Airport Rd.

We appreciate any comments or observations on any Public Works operations. Please call us at (435) 586-2912.



Keeping cholesterol in check

Valley View Medical Center reminds us that keeping our cholesterol at healthy levels is very important. Why the big fuss about cholesterol? High cholesterol could mean that you are at an increased risk for heart disease, stroke, and heart attack.

Cholesterol is a waxy, fat-like substance that the body naturally produces. It is also found in foods that we eat, such as eggs, meat and dairy products.

There are two main types of cholesterol: 1) High Density Lipoprotein (HDL), known as “good” cholesterol, helps the body get rid of cholesterol. 2) Low Density Lipoprotein (LDL), known as “bad” cholesterol. LDL cholesterol builds up in blood vessels and increases your risk of heart disease and stroke.

If you don’t know your cholesterol levels, visit your doctor and have a simple blood test done. The test includes your total cholesterol level, HDL level, LDL level, and triglyceride level. There are several causes of high cholesterol. Some of those factors cannot be controlled, such as age, gender, and genetics. However, there are several things within your control that will help to lower your cholesterol and maintain healthy levels:

- Exercise—Physical activity increases HDL and decreases LDL.
- Limit foods with high saturated fat, like meat and high fat dairy products.
- Maintain a healthy weight.
- Don’t smoke—Smoking reduces HDL and contributes to heart-related and other illnesses.
- If necessary, take medicine as prescribed by your doctor.

CCPD has new service to fight crime

The Cedar City Police Department has announced a new service to allow members of the public to provide anonymous tips to law enforcement. The service, called TipSoft, allows citizens to submit anonymous tips to the Police Department through the Web, smartphone app, or by sending a text message to “CRIMES” (274637) with the keyword CCPDTIP.

“The widespread use of text messaging makes it easy for the public to help law enforcement agencies fight crime,” said Lt. Darin Adams. “And with TipSoft, they can know that it’s safe for them to do the right thing without ever disclosing their identity.”

TipSoft, which is made by Draper-based CrimeReports, allows agencies and members of the public to exchange messages back and forth through a completely secure and anonymous channel.

Since 2009, TipSoft has received more than 2 million tips resulting in 145,000 arrests, 55,000 fugitives apprehended and more than \$5.3 billion recovered in drugs and property.

Citizens are encouraged to use TipSoft to report information about any non-urgent illegal activity, such as unsolved crimes, vandalism, theft, drug activity or information about crimes that are being planned in our community or in our schools.

For additional updates and information about the Police Department, “like” the Cedar City Police Department on Facebook.

Coming up at the Heritage Theater

SUU Orchestra & Choir Easter Concert

Tuesday, April 10 - 7:30 p.m.
Adults \$8; Youth \$4; SUU students free with student ID card. The SUU Symphony Orchestra and Choir join forces to perform John Rutter’s *Requiem* for what is sure to be an amazing and uplifting concert.

Halversen Young Artist Concert

Thursday, April 19 - 7:30 p.m.
Adults \$10 ; Youth (6 and up) \$5.
This annual concert features performances by talented young artists residing in Southern Utah. The artists were chosen following a competitive audition process for the opportunity to perform with the Orchestra of Southern Utah.

Tickets are available at the Heritage Center Box Office, 105 N. 100 E., or by calling (435) 865-2882.

Children six and up are welcome with adult supervision.

Lions kite contest

The seventh annual Lions Club Kite Flight for Reading and Sight will be held April 28 from 10 a.m. to 4 p.m. on the Park Discovery lawn (2077 W Royal Hunte Dr.).

Competition judging begins at 1 p.m. The three categories for kites are: Best homemade kite closest to the theme: “I Love to Read”; Kite which stays in the air longest; and Judges’ Choice: Family Participation.

Registration is free. In addition to kite flying, activities include bounce houses, vendors, food, police K-9 demonstrations, car seat safety checks, and many other activities.

For more information call (435) 586-5500 or (435) 463-5501.



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- for distance and accuracy; and running the bases. Winners could move on to the sectional, then possibly to a Major League game to compete. Finals are held in July at MLB's All Star game in Kansas City.
- Soap Box Challenge - Saturday, May 12 - Inspection 9 a.m. - 11 a.m. Racing begins at noon down Royal Hunte Drive from the Aquatic Center.
- The Hershey Track Meet is on May 18, at 6 p.m., at the Canyon View High School Track. Free for boys and girls ages 9 - 14. MUST PRE-REGISTER by May 16. Registration forms are at the Aquatic Center. No entries accepted after May 16.
- Registration for Adult Softball is going on now, until April 14! Play begins the week of April 23. Leagues are offered for men, women, and co-rec. Cost is \$300 per team. Pick up a packet at the Aquatic Center.
- Don't forget the Utah Summer Games - June 7 - July 1. Opening ceremonies on Thursday, June 14. Questions? Call 865-8421.

For more information on these programs, call Leisure Services at (435) 865-9223.

Steven Heath educates us this month on the arches in our area:

Cedar City is not generally known as a place to see arches, but within a thirty-mile radius there are more than a dozen of them. I will include three of my favorite arches in our area this month. The first is located about eight miles north of Parowan, just off the Kane Springs Road. At a distinct treeless knoll, drive west on a high-center road on the north side of the knoll. Behind the knoll is the Mitchell Arch in the solidified volcanic ash. The arch has a span of 32 feet and is 7 feet high in the center of a 60 foot rock fin. You have to look around some to find the arch.

The second arch, actually a set of arches that are worthy of a visit, is located south of Parowan. From the Brian Head Highway turn left onto Second Left-Hand Canyon Road (FS #048) just out of Parowan and head south. Notice the little arch to your left as you cross

Center Creek. It has a door shaped structure and is worth a stop. Up the road three or four miles the road narrows and passes through the Grand Castle gravels. A large arch is in the red rocks of the Claron formation. It is best seen from a vehicle as one descends the canyon road back toward Parowan. The rectangular arch has a span of 20 feet and is 13 feet high. It can easily be reached by walking up the hillside. At the arch you will see a second smaller arch adjacent and perpendicular to the first.

The third arch is located in the Kolob section of Zion National Park. The arch, which is called the Elephant Arch, or Lee Pass Arch, can be seen from the terminus of the Kolob road. It is best seen in the morning on a sunny day from this point. Locate the arch here, so you can see where you need to hike if you want a closer look. It is located on the north wall of the North Fork of Timber Creek. Hikers can visit the arch by hiking down the Kolob Arch Trail about a mile, then descending eastward to Timber Creek down one of the many washes. Don't take the first wash east, since it is filled with a lot of brush. From the creek bed, which is usually dry, walk upstream until the canyon narrows. Scramble up the steep north side, then head eastward toward the west side of the arch. You can reach the base of the Navajo Sandstone arch by walking around the hill to the north, then heading eastward through a wash in front of the arch. The Elephant Arch has a span of about 40 feet and is 20 feet high. The hike is about a five mile round trip but is not easy. However, on my first visit to the arch in 1987, I took my two sons and Mayor Burgess' two oldest sons. Two of the children were seven years old and the other two were nine, and they did well on the walk.

On another trip to Kolob, you should visit the Kolob Arch and the Bear Trap Canyon waterfall. Information to these two places can be obtained at the park visitors' center. Next time we will examine the wonders of Ashdown Gorge where you can see Iron County's most spectacular arch and several perennial waterfalls.