

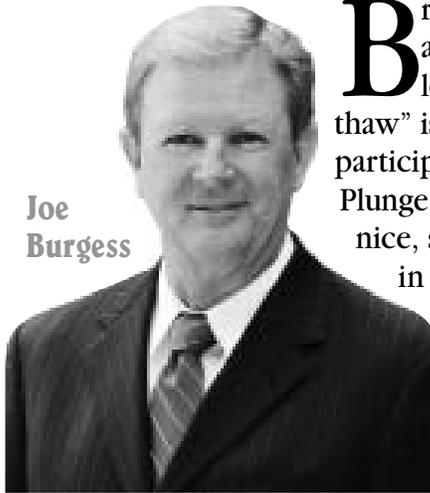
Festival City USA This Month

CEDAR CITY, UTAH, COMMUNITY UPDATE

FOR THE MONTH OF FEBRUARY, 2011



A MESSAGE FROM THE MAYOR



Joe Burgess

Brrr, we leaped into a cold February and looks like the “January thaw” is over. Those who participated in the Polar Plunge took advantage of a nice, sunny day to “jump in the lake,” although it was still very brisk. In this second year of the “Plunge,” we had 138 participants (40 more than last year) brave the

freezing water for a good cause (and bragging rights).

This is just one of dozens of fun activities in Cedar City, all of which add to the unique character of our City. In the next newsletter, we’ll provide more information on two new endurance races planned for this summer, so stay tuned.

The SUU organization, Friends of the Library, is trying to complete the digitization of the *Iron County Record*, the weekly newspaper published in Cedar City from 1893 to 1982. Seventeen years (1923-40) of the newspaper may be searched through Utah Digital Newspapers at <http://digitalnewspapers.org/>, but there are still 72 years unavailable online. It takes \$800 to digitize one year; the total project will cost \$57,600. If you’d be interested in donating, please send your donation to SUU Library, Iron County Record Project, Southern Utah University, 345 West University Blvd., Cedar City, Utah 84720. This is a worthy project, as evidenced by the interesting bit of history that the Seegmillers share with us this month with the assistance of this digital technology.

Cedar City’s swimming pool(s):

- “Swimming Pool One of Cedar City’s Needs”
- “Pool May Be Ready Next Month”
- “Citizens Irked by Repeated Delays in Construction of Municipal Swimming Pool”
- “Presidential Approval Received for Cedar’s Swimming Pool”
- “Cedar City Swimming Pool Under Construction After Many Delays”
- “Swimming Pool to be Completed in November”

Although these headlines may sound familiar in 2010 and 2011, they are actually from the *Iron County Record* (ICR) in 1916, 1925 and 1938-41 and describe Cedar’s first public swimming pools. The opening of our fifth public pool in January 2011 has allowed us to reminisce about the pools of the 20th century.

The ICR editors were ardent and long-time supporters of the need for a community pool. This is from an August 1915 editorial:

“For some time past, a great many boys and young men have been enjoying occasionally the luxury of a swim in the new deep race of the roller mill [flour mill on Coal Creek]. And the fact that it has grown so popular with all the men folks suggests the propriety of some progressive and enterprising citizen constructing a good swimming pool in town. The indications are that such an investment would prove popular . . .”

The first swimming pool was built the next spring in the basement of the Ward Hall, a classroom and gymnasium building on 100 East where the parking terrace is now. Hayden Long, a Provo heating and plumbing contractor, built it and guaranteed it for a year. It was “equipped with a modern plant for warming water and can be used with comfort at all seasons of the year. . .”

(CONTINUED ON PAGE 4)

Feb. is American Heart Month

The staff at Valley View Medical Center reminds everyone that February is designated by the American Heart Association as American Heart Month. The goal of Heart Month is to increase the public's awareness of heart disease and stroke. Nearly 700,000 people in the U.S. die each year from heart disease.

The leading cause of heart disease is related to behavior choices such as eating habits, exercise, tobacco use, alcohol consumption, and stress. Healthy eating habits and other healthy lifestyle behaviors have the potential to reduce the risk of chronic disease. The AHA has made the following recommendations to promote heart health.

- Aim for a healthy body weight. Excess body weight increases the risk of developing coronary heart disease, heart failure, stroke, and cardiac arrhythmias.
- Be physically active. Regular activity is essential for maintaining physical and cardiovascular fitness, maintaining healthy weight, and sustaining weight loss.
- Maintain a normal blood pressure. Reducing salt and calorie intake can help to lower blood pressure and induce weight loss. Take all medications as recommended by your doctor.
- Avoid use of and exposure to tobacco products. There is overwhelming evidence that tobacco products and secondary exposure to tobacco smoke can cause heart disease as well as cancer and other serious illnesses.
- Follow a heart healthy diet. Consume a diet rich in vegetables, fruits, and whole grains. Consume fish (especially oily fishes like sardine, salmon, trout, anchovy) at least twice a week. Limit your intake of saturated fat and minimize your intake of beverages and foods with added sugars.

Give your heart a little love and make healthy lifestyle changes that will help reduce your risk of heart disease and stroke.

Public Works Report

STREET MAINTENANCE: Crack sealing will begin this month in the area south of 200 S., east of I-15 and west of Main St., and the area south of the Staples/Christensen's shopping center east of Main St. As City crews approach your neighborhood, please park your vehicle in the driveway so the maintenance work can be done completely. Crack sealing should be complete by Mar. 31.

SNOW REMOVAL: The Street Division's goal is to make the roads as safe and passable as possible. A few suggestions: (1) please keep cars parked off the street as much as possible to allow the snow plows to be more effective; (2) those who do their own plowing with their 4-wheeler, please keep piles of snow as close to the gutter as possible; and, (3) please remove from (and don't pile snow on) sidewalks. According to City ordinance, sidewalks should be cleared of snow to allow pedestrian traffic.

PRIVATE SNOW REMOVAL

CONTACTORS: Snow should be piled on private property, not on sidewalks or streets.

SOLID WASTE: Reminder - President's Day (Mon., Feb. 21) is a City holiday. Garbage for that day will be picked up on Wed., Feb. 23. We would like to remind you to please place your garbage can(s) on the asphalt in front of the curb, not in the gutter and away from cars for pick-up. During the winter months, if the snow plows have been through, place the can on the street-side of the windrow so the garbage truck can pick it up easier.

CHANGING DAYS: Beginning Feb. 28, the Mon. garbage pick-up route will be changed to Wed. and the Wed. garbage pick-up route will be changed to Mon.

RECYCLING: Thanks for recycling. Please compact the plastic containers before disposing. Keep areas around bins free from debris. Bins are emptied every Tues. Cardboard may be taken to bins located at the southeast corner of

U-56 and Westview Drive. Please break boxes down.

STREETLIGHTS: If you notice streetlight outages around the City, please notify our office by emailing the street light address (and pole no. if possible) and your contact information to streetlights@cedarcity.org.

WASTEWATER: Beginning March 1st the Cedar City Wastewater Treatment Facility is giving away Biosolids at no cost; however, there is a limited supply available. Biosolids applied to the lawns, gardens, flowerbeds etc., can serve as a source of organic material that improves soil tilth, water holding capacity, structure development and stability, air and water transport, and can ultimately decrease soil erosion, and can reduce the amount of fertilizer needed. (Soil, Biosolids Recycling, Number 547, Colorado State University, Cooperative Extension). This product meets ALL state and federal requirements for Class A Biosolids also known as Exceptional Quality (EQ) Biosolids. Biosolids are produced at the Wastewater Treatment Plant. During the process bacteria break down and stabilize the organic material. Biosolids are dried and tested to ensure they pass regulatory requirements. Biosolids may be hauled by pickup truck or trailer only. However, you can make as many trips as you like. No dump trucks. Hours of pickup are Mon-Fri 8 a.m. to 3 p.m. For more info call: Cedar City Regional Wastewater Treatment Facility (435) 867-9426.

CATS now has a new bus stop at the Aquatics Center. At all 28 bus stop locations, the bus runs Mon. through Fri. 7 a.m. to 6 p.m. and Sat. 10 a.m. to 6:30 p.m. See the City's web site for the full schedule.

The Public Works office reminds you that any work done within the road right-of-way requires an encroachment permit, which can be acquired at our office at 716 N. Airport Rd. We appreciate any comments or observations on any Public Works operations. Please call us at 586-2912.

AQUATIC CENTER PHOTO CONTEST



We are announcing the brand new contest for the Aquatic Center photo collection and gallery. The photo criteria for the photos are to include a local citizen(s), recreating in a local place, taken by a local photographer that includes action and personality.

The photos need to be a high resolution jpeg quality in order to be considered. Please submit digital photos to Ruth Sessions at the Aquatic Center or by e-mail (sruth@cedarcity.org). If your photo is chosen, it will be prominently displayed at the Aquatic Center and prizes will be awarded.

Hint:

We are seeking pictures from Jr. Jazz, girl's softball, half-marathon, tumbling, dance, wrestling, skate-boarding, roller-blading, the Lake at the Hills, hiking, archery, martial arts, etc.

A.C. SPONSORSHIPS AVAILABLE

The Cedar City Aquatic Center is looking for business sponsors from our community. We have many available advertising opportunities such as our new photo gallery, cabanas, sand areas and party rooms. We are trying to complete our new facility by purchasing the amenities that are still needed. Please contact us if you are interested in helping us enhance our beautiful new Aquatic Center.

Business sponsorships start at \$300. For more info., contact Ruth Sessions at 865-9223.

Recognize the signs of Domestic Violence: Facets of a Healthy Relationship Part 5

☺ COOPERATION ☺

Cooperation is necessary for a healthy relationship. Cooperation is working together as equals when making decisions, sharing household tasks and contributing to the welfare of the children in the home. Cooperation does not include inequality of responsibilities, blaming one another for relationship problems, or lying about or controlling money matters. This is economic abuse. If you or someone you know is experiencing an abusive relationship, please call the Domestic Violence LinkLine at 1-800-897-LINK (5465).

Coming Up... IN THE HERITAGE THEATER

Saturday, Feb. 12, 1 to 4:30 p.m.

Orchestra of Southern Utah presents the award-winning Children's Jubilee. Lobby displays begin at 1 p.m.; music at 2 p.m. and family activities continue until 4:30 p.m. "Dinosaurs" is an entertaining musical piece designed for children of all ages with composers giving life and personality to ten dinosaur species.

The Jubilee also includes hands-on science and art activities and displays from local schools, businesses and the St. George Dinosaur Discovery Site. Tickets are \$5 for children and adults. Children under one year are free. One free admission will be given to each family bringing three cans of food for donation to the Care and Share.

Wednesday, Feb. 16, 7:30 p.m.

Cedar City Music Arts presents the Merling Trio featuring Renata Artman Knific, violin; Bruce Uchimura, cello; and Susan Wiersma Uchimura. The trio is known for its "impeccable blend of sound, remarkable gifts of communication and magnificent precision."

Tickets are \$30 Adults, \$15 Iron County students. Children under six not admitted. For more information contact the Heritage Center box office at 865-4559.

Thursday, Feb. 24, 7:30 p.m.

Roy L. Halversen Young Artist Concert
Dinosaurs again take the stage with a musical depiction of dinosaurs along with a performance by three talented young musicians. This year's concert features performances by pianist Logan Butt; violinist Megumi Gass; and mezzo-soprano Sarah Maxwell. The Orchestra of Southern Utah will also perform "Jurassic Park" by composer John Williams and "Dinosaurs" by Drs. Keith Bradshaw and Daniel Bradshaw. Tickets are \$10 adults, \$5 students and groups of six are \$30 per concert. Concert will be recorded, so please no children under six.



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There were repeated construction delays. It opened in May 1916, but was temporarily closed in June when a pipe leaked causing the building to settle “a little,” which cracked the pool. Long fixed the problem and the pool was used until 1920. According to York and Evelyn Jones in the *Mayors of Cedar City*, it was this “poorly built swimming pool in the basement that contributed to the failure of the foundation of the building.” The Ward Hall was condemned and torn down in 1923. (p. 126).

In 1924 and 1925, the ICR editor complained that children had no where to learn how to swim and the president of the Chamber of Commerce challenged his group to provide an open air swimming pool “until the City could get a new enclosed one built.”

Two enterprising men answered this call. In September 1925, John C. Isbell and John C. Gregory announced they were building Cedar’s second pool, an indoor one on North Main Street where Bradshaw Chevrolet is today. (See photo at right). A November, 1925 article predicted it would be open in mid-December, but of course there were delays.

The opening was announced in the article “Swimming Pool Opens” in the ICRon June 4, 1926.

The editor bragged that “This pool . . . is one of the largest outside of Salt Lake City.” It was 30 feet wide by 60 feet long and four to eight feet deep. The water was furnace heated with a “constant

stream of water running in and out of the pool so it did not become stale,” so they could advertise that the “Pool Operated in Conformity with State Health Regulations.”

Sometimes Gregory or Isbell offered free swimming instruction and Red Cross life saving courses. Fees in 1927 were 35 cents for children and 50 cents for adults, including rental of a swimming suit. The pool operated off and on, and closed for good in 1938. Once again, in June 1938, newspaper editor, Morgan Rollo, said that swimming is one of the greatest recreation needs of any community “yet Cedar City is without a pool of any kind!”

In August 1938, Morris Roberts and Rollo, representing the Lions Club, went to the City Council to ask for a new pool. They reported that “young children had made swimming holes in all the field ditches running through town and



the Creek, east and north of the City, which was very unsanitary and dangerous. . .” (*Mayors*, p. 306)

The council pledged to build a new pool and held a successful \$100,000 bond election in September 1938 to increase the culinary water supply and

build a new swimming pool. These became Works Progress Administration projects and required presidential approval that arrived in September 1939.

The new outdoor pool was opened on May 24, 1941, on the northeast corner of the City Park on 100 East in the location of our new Library in the Park. Citizens were “irked” that it had taken three years to finish the project. Wallace “Red” Osborne and LaVell Chamberlain, two school teachers, managed the pool until it was closed in 1974.

Once again, there was no city pool, just plans for a new one. But by this time, Southern Utah State College had a pool in the P.E. building which was used in the summer as the municipal pool from 1975 to 1978. On February 3, 1977, the Iron County School District, in conjunction with the City, approved architect John

Rowley’s plan for the “new City-Iron County Schools, indoor-outdoor swimming complex.” That complex served the Cedar City area and our schools for 32 years and was demolished this past year.

Researching this history is easier because the *Iron County Record* is now digitally viewable at the Library of Congress (1895 to 1922) and the Utah Digital Newspapers (1923-1940)

sites, and SUU’s Sherratt Library has York and Evelyn Jones’ book *Mayors of Cedar City* online at the Special Collections site at <http://www.li.suu.edu/library/digitization/books.htm>. Thanks S.U.U. for assisting in these projects.

Keith and Janet Seegmiller