

Festival City USA This Month

CEDAR CITY, UTAH, COMMUNITY UPDATE



FOR THE MONTH OF MAY, 2010

VIPS perform great service here, seek expansion

Cedar City's nine Volunteers in Police Service representatives are hard at work after having recently received the Presidential Service Award.

However, the Cedar City VIPS are looking to add to their numbers.

President George W. Bush created USA Freedom Corps (USAFC), which includes VIPS, to build on the countless acts of service, sacrifice, and generosity that followed the 9/11 attacks.

The program is administered here by Cedar City Police Cpl. Murray Suttlemyre, who says that he hopes to reach an even dozen members on the team this year. Those who may be interested in supplementing the CCPD force should contact him at 586-2956.

"Our volunteers are asked to serve a minimum of 16 hours per month and they aid in many ways, tailored to their interests and abilities," Suttlemyre said. "They help in clerical work, act as mobile patrollers, aid in traffic control, track graffiti and deliver community presentations. They are a valuable addition to the department."

Cedar City's honored VIPS staff

members, all transplants to the City, are: **Mark Browne**. He previously ran a distribution center in Ontario, Calif., and moved here with his wife Joanne four and-a-half years ago.

Jack Davini and his wife Lynn moved here 14 years ago after his career as a stonemason in Anaheim, Calif.

Marty Davini, Jack's older brother, moved here with his wife Patricia 17 years ago. He previously resided in Buena Park, Calif., and worked in the aerospace industry.

George Harris is a Vietnam vet who worked 35 years with the Southern California Gas Co. He and his wife Joanne moved here seven years ago.

Roland Gow, an environmentalist for industry, worked for Questar, for Colorado Gas, and for Pikes Peak Area Council of Governments. He moved here four years ago with wife Valerie.

Norman Meltzer worked for 30 years in real estate development in the San Francisco Bay area and moved to Cedar City seven years ago with his wife Karen.

Sylvia Kofford worked as a medical assistant for many years, then worked for

a community college in the San Diego area and retired from there. She and her husband Jim moved here 23 years ago.

Mike Wilson, of Bend, Ore., previously worked in the radio communications industry. He and his wife Charlotte moved to Cedar City four and-a-half years ago.

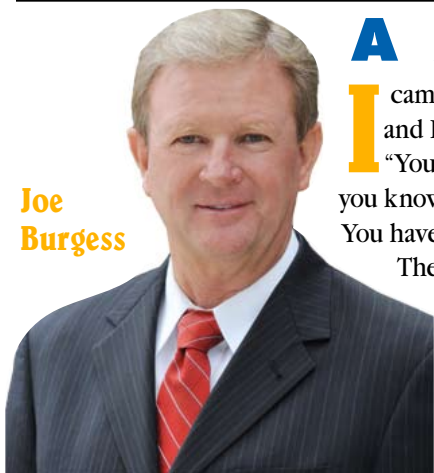
Carol Young grew up in Long Beach, Calif., and managed a bank for 10 years, taught martial arts for 14 years and then raised Arabian horses. She moved here about five years ago.

Citizen Corps partner programs build on the successful efforts in place in many communities around the country to prevent crime and respond to emergencies. VIPS is one of five Citizen Corps partner programs. The International Association of Chiefs of Police (IACP) manages and implements the VIPS Program in partnership with, and on behalf of, the White House Office of the USA Freedom Corps and the U.S. Department of Justice.

The VIPS Program's ultimate goal is to enhance the capacity of state and local law enforcement to utilize volunteers.

A MESSAGE FROM THE MAYOR

Joe Burgess



I came across a quote by Paul Fleischman and I am going to take a little liberty with it: "You can't see Canada across Lake Erie but you know it is there. It is the same with spring. You have to have faith, especially in Cedar City."

The original said Cleveland but it is surely true for Cedar City. I don't think I am alone in feeling like this has been a long winter and spring will be most welcome.

A few of you have complained about

the Cleanup in April, that you weren't ready for it as we had so few warm days. It was no different for me. Maybe we can make it a few weeks later next year.

I have had some concerns expressed by community members about the state of the economy in our part of the world. There is good news and bad news, but the figures show that Cedar City's economy is very slowly coming around.

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CEDAR CITY OFFICERS • Mayor: Joe Burgess Council Members: Ron Adams, Nina Barnes, Dale Brinkerhoff, Georgia Beth Thompson, Stephen Wood



Animal control is important

The Animal Control division of the Cedar City Police Department (586-2960) reminds citizens to all be good neighbors when it comes to pets and other animals.

Stray animals: It is important to remember that not only is it illegal and costly to let your animals free roam, it is also dangerous to the animal and people. It could cost you up to \$1,000 in fines. Fines are \$100 greater if your roaming dog is not sterilized.

Barking dogs: This is by far the biggest problem the division has to deal with. Be considerate of your neighbors. If your dog is an outside dog and you are at work, ask your neighbors to call you if it barks a lot. It will save you from a \$100-\$300 citation. As the season for vacations approaches, consider boarding your dog if it is staying home or have neighbors check on it often to ensure that there is no excessive barking.

Spay and Neuter pets: The mobile clinic "The Big Fix" comes to town every two months. The next visit is scheduled for June 7 at Cal Ranch. There is also a free voucher that can be obtained from www.utahpets.org for people on Social Security, Medicaid, and Veteran's disability. The discount spay and neuter clinic begins intake of dogs and cats at 8 a.m. and people are advised to get there an hour or so early. The clinic also provides shots of all kinds for dogs and cats.

Animal Control Officer Alisa Haller reminds pet owners that it is illegal to be in possession of pups or kits without a permit. It's also illegal to allow a female animal in heat to be outdoors. "We are seriously trying to crack down on stray unsterilized animals and the fines are expensive," she said, "so save yourself some money and get your animals fixed or make sure they are secured on your property."

Business Expo is set for May 21, 22

In conjunction with the ongoing Shop Local campaign, the Cedar City Area Chamber of Commerce presents its 5th Annual Business Expo May 21 and 22 in the Sharwan Smith Ballroom at Southern Utah University.

The event is free of charge.

This year's event will be able to provide three things for the community, say organizers. First will be the Business Bootcamp that will provide the business community an opportunity to gain valuable training for companies to help thrive in our current economy. Second

will be the opportunity to hear from Salt Lake County Mayor Peter Carroon who is also a candidate for governor. And lastly it will provide a venue for the both the business community, and the community at large to be able to educate themselves about what our local business community has to offer.

Friday, May 21, hours are from 2:30 to 8 p.m.; Saturday, May 22, hours are from 10 a.m. to 5 p.m.

For more information, phone the Chamber of Commerce Office at 586-4484.

Cedar Mountain Bow Hunting Rendezvous slated

Bow hunting and archery are becoming increasingly popular sports in the area, and the American Children's Christmas Festival, sponsored by Cedar City Corp., will be aided by the sports with connection to the first Cedar Mountain Bow Hunting Rendezvous set for May 22 and 23.

The event will bring bow hunters from across the region to the Diamond Z Arena for a 3-D target competition and showcase, coupled with a Dutch oven dinner May 23 at Main Street Park.

3-D target shooting is rapidly becoming the standard for bow hunting competition.

Proceeds from the event will benefit the annual children's Christmas festival

set to begin the day after Thanksgiving.

The Rendezvous will sport a first prize award of \$500, a second prize of \$300 and a third prize of \$200. The entry fee is \$35 and displays and other features are included for those interested in learning more about shooting.

The dinner at Main Street Park will offer pork and chicken with all the trimmings and the park will feature inflatables, face painting, rock wall climbing, live music and more. The cost is \$13.50 for adults and \$8 for children 12 and under. There is a discount for contestants in the Rendezvous.

For more information or to register, see cedarcityevents.org or phone 586-9694.

Public Works Report

STREET DIVISION: Please place your garbage can(s) on the asphalt in front of the curb and not in the gutter.

Please refrain from putting the can on the street the night before your pick-up as you will held be responsible for replacing the can if damage to it occurs while it is on the street.

RECYCLING INFORMATION: Pure Recycling is a local recycling facility which **now accepts only cardboard**. The facility is located just off of 1500 West and 400 North.

STREETLIGHTS: If you notice streetlight outages around the city,

please notify the Public Works office by emailing the street light address, pole number and your contact information to streetlights@cedarcity.org. You may also call the office at 865-4510. Street light repairs may be the City's responsibility or Rocky Mountain Power, depending on the street light. The City will follow up on the request.

ENCROACHMENT PERMITS: Anyone doing work within the road right-of-way must obtain an encroachment permit. Forms can be obtained at 716 N. Airport Rd.

The Public Works Department may be reached at 586-2912.



Aquatic Center work speeds along

Construction of Cedar City's Aquatic Center continues to move along on pace for a grand opening set for December of this year. This is the northwest corner of the 68,000-square-foot complex. Residents are encouraged to drive by the site to see the progress for themselves. Otherwise, update photos may be found on City website at www.cedarcity.org.

Photos are sought for Aquatic Center

Area photographers have the opportunity to have their work on permanent display as part of the decor of the Aquatic Center to be completed later this year.

The City's Leisure Services department desires to add to the building's ambiance with murals of various sizes depicting recreation and leisure scenes of Iron County taken in the last decade. The works will grace the building's foyer, hallways and pool area.

Plaques adjacent to each work—which may be as large as 10 feet by 20 feet—will credit the photographer.

Digital files are sought and the City reserves the right to alter any work artistically with effects and filters such as posterization. The rights to further use of the photographs will be retained by the photographers.

In addition to having their names

included with their photos, those photographers whose work is selected will also receive a one-month pass to use the facility. They will be recognized at the dedication ceremonies for the facility as well.

Those wishing to submit photos for consideration are asked to do so by 5 p.m., Aug. 2. Information on delivery methods of the photos may be obtained from Ruth Sessions at 865-9223, sruth@cedarcity.org.

Higher resolution photos are sought and have the best chance to remain digitally unaltered.

Sponsorships of the murals are also being sought from area businesses and individuals to help defray the costs of production. Suitable recognition and tax incentives are offered for such donations and more information may be obtained by contacting Ruth Sessions.

Coming Up...

IN THE HERITAGE THEATER

◆ **The United States Coast Guard Band Concert** is Thursday, May 6, at 7:30 p.m. Admission is free but requires a ticket, which may be obtained from the Box Office.

◆ **In Jubilo Women's Choir** presents its concert, "Rejoice!," a Mother's Day gift to the community, on Sunday, May 9, at 7:30 p.m. The admission is free and families are welcome.

◆ **Cedar City Band Festival includes free concerts** Monday, May 10, from 8 a.m. to 5 p.m.

◆ **The SUU Band and Choir Concert** is Friday, April 23, at 7:30 p.m. Ticket costs TBA.

The Heritage Theater (phone 865-2882) is located at 105 North 100 East. Unless otherwise noted, children under the age of six are not admitted.

AT MAIN STREET PARK

◆ **Free Concerts in the Park**, Monday, May 10, 6:30 p.m. in the Gazebo. Folksinger Ryan Kay will perform and will offer insights into this summer's Groovefest American Music Festival.

He was raised in a small Utah and as a boy spent a lot of time in the Utah mountains and deserts with his father. He says that has influenced his life greatly and is evident in much of his music. His style has been described as "dusty country folk," a title that he gladly accepts. Ryan says he is not looking to make it big, but rather to sing and write out of sheer enjoyment and as a way to connect with others. He says he hopes to one day settle down in a pristine valley, with a beautiful guitar, where he can spend the rest of his days making music and fulfilling his boyhood dream of being a farmer.



MAYOR CONTINUED FROM PAGE 1

Below is some information that will demonstrate the mixed bag that is our current economic status.

Sales tax revenues are down 10.35% from this time last year which is a little discouraging. As many of you are aware, the building boom was one of the factors most affected by the recession. Cedar City's building permit revenue for our fiscal year has continued to drop these past few years with 2008-2009 down 49% from 2007-2008 and year 2009-2010 estimated to be down 46% from 2008-2009. We are all aware of some high-profile businesses closing this last year, but it may surprise you to know that business license records show 88 new businesses have opened their doors in Cedar since last January.

Home sales in Iron County for the first quarter surpassed last year's sales for the same period by 45%. This is good news but the high-end segments of the real estate market are still showing little activity. Iron County's unemployment rate for February was 8.8% which is higher than the Utah state rate of 7.1%, but lower than the national rate of 9.7%.

There is no reason to be pessimistic about our progress. We at the City Office will again be prudent in preparing our budget. We will continue to use our resources to attract new businesses to our community and to add events, at minimal cost to the City, to attract even more visitors to our area. This will add jobs, increase our tax revenue and help in the recovery process. In the meantime, we will use the most economical means possible to maintain our infrastructure to ensure that we can sustain continued growth. We are lucky that we live in an area with a highly educated workforce, abundant natural resources and unique scenic beauty. I am confident that all of these factors will assist us in getting "back to normal" more rapidly than other communities without these assets.

The fifth cure for a lean purse from the "Richest Man In Babylon" is: Make of thy dwelling a profitable investment. Many have been affected with

dropping real estate values and owning a home has had some challenges this past couple of years that no one could have foreseen, but owning a home still has many financial advantages.

Let me quote from the book, "If a man setteth aside nine parts of his earnings upon which to live and enjoy life, and if any part of this nine parts he can turn into a profitable investment without detriment to his well-being, then so much faster will his treasures grow.

"All too many of our men of Babylon do raise their families in unseemly quarters. They do pay to exacting landlords liberal rentals for rooms where their wives have not a spot to raise the blooms that gladden a woman's heart and their children have no place to play in the clean earth and where the wife may raise not only blossoms but good rich herbs to feed her family.

"To a man's heart it brings gladness to eat the figs from his own trees and the grapes of his own vines. To own his own domicile and to have it a place he is proud to care for, putteth confidence in his heart and greater effort behind all his endeavors. Therefore, do I recommend that every man own the roof that sheltereth him and his.

"Thus come many blessings to the man who owneth his own house. And greatly will it reduce his cost of living, making available more of his earnings for pleasures and the gratification of his desires. This then, is the fifth cure for a lean purse: Own thy own home."

This month's message from Valley View Medical Center posits that sometimes preventative healthcare is the best kind of medicine. One of the best ways to take charge of your health is by scheduling an annual exam. When you are proactive with your exams you can help with early detection of most health-related issues.

According to the Centers for Disease Control and Prevention, here are a few suggestions that can help you get the most out of your appointment:

- Know important health information about your family history
- Make a list of questions or concerns you may have such as a rash, gaining of weight, constant headaches, etc.

- Ask the doctor if you are current on your immunizations, vaccines, and other recommended testing, such as a prostate exam or mammogram.
- Mention any goals for your future that may affect your health such as a new weight loss plan, retirement, or things your doctor may want.

Lasse Bjerga, who holds an M.S. in physical education from BYU, offers these words this month. From "The Learning Curve" by Atul Gawande:

"There have now been many studies of elite performers...and the biggest difference between them and lesser performers is the amount of deliberate practice they've accumulated.

"Indeed, the most important talent may be the talent for practice itself.

"K. Anders Ericsson, a cognitive psychologist and expert on performance, notes that the most important role innate factors play may be in the person's willingness to engage in sustained training.

"He has found, for example, that top performers dislike practicing just as much as others do...But more than others they have the will to keep at it anyway."

Sometimes it is very nice to have truths you've known in your gut for years to be confirmed and verified by empirical data. Many of us tend to be obscured and distracted by a projected and mistaken notion of other peoples' talents. In other words, we tend to believe other's success is a function of talent and our own failures to be a function of lack of talent. This, of course, is the great deception.

Training, or getting in shape, is a matter of willingness to practice. Willingness is a matter of deliberate choice. And, unlike "top performers" alluded to above, the magnitude of your practicing or your training does not have to take on proportions that will make you dislike it at all. Perhaps the greatest benefit of exercise—or training—is the fact that you will develop a liking for both the process and the results. I honestly believe your greatest confidence builder is going to come from the practicing part, the thing you know you can do! I have exercised all of my life and look forward to it most every day. Yes, "I am only one, but I am one." And so are you!