

# Festival City USA This Month

CEDAR CITY, UTAH, COMMUNITY UPDATE



FOR THE MONTH OF JANUARY, 2012

## A MESSAGE FROM THE MAYOR



Joe Burgess

First, I would like to wish you all a happy and prosperous New Year!

Since our newly elected city council members were sworn in on January 2nd,

I thought this would be a good time for all of you to “meet” them, so I asked them to write a short biography to share

in this column.

**John Black** - I was born in Cedar City; spent the first six years of my life in Beaver, Utah; and was then raised and educated in Cedar City. I am the son of Milt and Vie Jolley. I married Sonja Miller (1968) and we have three children: Gavin & Danelle Black; Derek & Alisha Black; Trisha & Shon Spevak; and eight grand children who all live here in Cedar. I graduated from Cedar High in 1965; served a mission for the LDS Church (Gulf States); and graduated from Southern Utah State College (SUU) in 1971. I have worked for a furniture store; an engineering firm; a new car dealership; the State of Utah (mental health services); and Las Vegas City (Budget & Finance Manager; Park Construction Analyst; and Parks Maintenance Manager). I retired in 2007, and was able to come home after living in Price, Utah; Richfield, Utah; and Las Vegas, Nevada. I had the opportunity to work for Cedar City Corporation as the Parks Director for over a year.

My favorite things are my family, friends and neighbors; all types of sporting events; ATV riding; being in the mountains (cabin, hunting and fishing); yard work and golf – and oh yes, a good meal.

I'm grateful for the opportunity to serve on the city council, and I really look forward to working for the citizens of Cedar City and with the mayor, council, and a great city staff.

**Paul Cozzens** - I grew up in Moab, Utah and worked with my father, who was a civil engineer and excavator, which developed my strong work ethic. I moved to Cedar City in 1980 to attend SUSC. I worked for Glades Mill and Fixture Company while attending school, and continued developing my love for woodworking. I served an LDS mission in Sydney Australia from 1981-1983. I married Mary Louise Coles in 1984. We started our cabinet manufacturing business in 1987. We have been blessed with five children (of whom I am very proud); three sons and two daughters. Eight years ago we adopted our first daughter from China, and just returned from China in August with our second daughter, who is five. I currently serve as the President of the Happy Factory; District Chairman for the Boy Scouts of America; and also serve on the Cedar City Planning Commission.

I love Cedar City and this great nation. I have always enjoyed being politically active, and I am very excited to serve with a great mayor, council and staff. Please feel free to contact me with any concerns you may have.

**Don Marchant** - We are truly blessed to live in such wonderful place among so many great people. To our family, this IS the place; this is where we come to be together.

I was born and raised in Cedar City. I graduated from Cedar High and SUU, where I served as student body president. My wife of 42 years, Jacque, and I raised our six children (Kirk, Paige, Stephanie, Adam, Doug, and Chad) in Cedar City. I worked in the family business for over 40 years.

(CONTINUED ON PAGE 4)

## Drew Jackson is honored

Building Inspector Drew Jackson is the recipient of the Cedar City Employee Advisory Committee's Employee of the Month award for January.

Drew was nominated by his supervisor, Chief Building Official Larry Palmer, who wrote, "Drew is always very happy to be at work and very helpful with any citizen that comes into the office. He is very reliable to get out and do the inspection needed, even if this requires early mornings or late evenings. He works very hard to study and learn those things needed to test into other levels of his inspecting career. Drew is professional in all aspects of his job and is easy going with those



he comes in contact with. He goes out of his way to help answer questions that citizens come in with, and if he does not know the answer, he will find it out.

Drew is a joy to work around."

Drew is from southern California and attended the University of California, Irvine, majoring in construction management. He was a custom home builder before coming to work for Cedar City in May of 2005.

He and his wife, Jeanne, are the parents of two daughters, who were very excited about the recent David Archuleta concert here in Cedar.

Drew and his family enjoy hiking, biking, and all other outdoor activities. He loves living here and says, "we live in such an awesome area of the world with countless opportunities all around us." Congratulations Drew!

## Public Works

**SNOW REMOVAL:** When the snow plows are out, more effective plowing occurs when vehicles are parked off the street. Please keep all pedestrian walkways clear of snow. Residents and businesses are required by City ordinance to keep their walkways clear. Don't force folks to walk in the street.

**CHRISTMAS TREE DISPOSAL:** Rocky Ridge Roll-Offs has bins at four locations around town where you may dispose of your Christmas tree (please, no other items). The locations include 100 W. & Coal Creek Rd; Wedgewood Ln., north of Nichols Cyn. Rd.; 100 E., north of College Ave.; and 2090 W. Royal Hunte Dr., just west of the Fields at the Hills softball complex. **Please do not put your tree in your regular garbage can as we will not pick it up.**

**GARBAGE PICK-UP:** Please place your garbage can(s) on the asphalt in front of the curb, not in the gutter, and away from cars for pick-up. If the snow plows have been through, place the can on the street-side of the windrow, so the garbage truck can pick it up easier. Reminder - The City will celebrate the Civil Rights day on Monday, January 16. Garbage for that day will be picked up on Wednesday, January 18. (See the complete 2012 holiday schedule on page 3).

**STREETLIGHTS:** If you notice streetlight outages around the city, please notify our office by emailing the street light address (and pole number if possible) and your contact information to [streetlights@cedarcity.org](mailto:streetlights@cedarcity.org). You may also call our office at 865-4510. We will follow up on the request.

**THANKS FOR RECYCLING:** For the 2011 calendar year (through November) you have kept over 509,000 pounds of material out of the landfill. Glass and cardboard are accepted at SURE Recycling at 1342 W. Industrial Road (the old Coke plant). Please break boxes down and compact all items before disposing. Bins are emptied every Tuesday. Please do not leave debris behind at the recycling sites.

**AIRPORT:** Thanks for flying out of Cedar City! For those of you who haven't heard, Regional Jet Service will start in Cedar City on January 4, 2012. For more information on flight times, please visit the [www.skywest.com](http://www.skywest.com) website. We would like to remind travelers who are checking baggage to arrive at least 30 minutes before your flight in order to allow proper baggage screening to take place.

The Public Works office would like to remind you that any work done within the road right-of-way requires an encroachment permit, which can be acquired at our office at 716 N. Airport Rd. We appreciate any comments or observations on any Public Works operations. Please call us at 586-2912.



## 2012 Holiday Garbage Pick Up Schedule

HOLIDAY	GARBAGE PICK UP DAY
Observed New Year's Day, Mon., Jan. 2	Wed., Jan. 4
Civil Rights Day, Mon., Jan. 16	Wed., Jan. 18
Presidents' Day, Mon., Feb. 20	Wed., Feb. 22
Memorial Day, Mon., May 28	Wed., May 30
Independence Day, Wed., July 4	Mon., July 2
Pioneer Day, Tues., July 24	Mon., July 23
Labor Day, Mon., Sept. 3	Wed., Sept. 5
Observed Veterans Day, Mon., Nov. 12	Wed., Nov. 14
Thanksgiving Day, Thurs., Nov. 22	Wed., Nov. 21
Day after Thanksgiving Day, Fri., Nov. 23	Mon., Nov. 26
Christmas Day, Tues., Dec. 25	Mon., Dec. 24

*In order to minimize any confusion we encourage this schedule to be cut out and posted for future reference. LANDLORDS: Please share this schedule with your tenants.*

## City honors outstanding employees

Cedar City recently honored fifteen employees as employees of the year. The Public Works Department was named as Outstanding Department for 2012.

Employees honored are: Golf Grounds Maintenance Mechanic Tyler Bradshaw; Senior Librarian Crystal Bilyeu; Building Inspector Drew Jackson; Utility Billing Clerk Kristin McClellan; Parks Maintenance Worker Jeff Pulica; Police Corporal Chet Smith; Patrol Officer Justin Chappell; Patrol Officer Justin Zufelt; Animal Control Officer Addison Adams; Police Executive Secretary Betsy Carlile; Street Superintendent Jeff Hunter; Solid Waste Operator Craig Elliot; Water Worker Kurt Nielson; Water Worker Allen "Pup" Davis; and Wastewater Plant Operator Destry Myers.

In naming the Public Works Department as Outstanding Department, Mayor Burgess said, "When I took office, one of my goals was to improve the City's infrastructure and so we took on several projects last spring and summer, which were long overdue, but were a lot of work and inconvenience both for the public and for the employees involved in them. I am proud that most of these have been completed and I am very grateful to all of you who helped implement these projects. The Engineering Department was instrumental in achieving the goals that we had set for our infrastructure improvements and I want to give them credit and thanks for that. These goals could not have been reached without your hard work. However, since the Outstanding Department award can only be given to one Department, the Public Works Department has been selected as the Outstanding Department for 2011. These folks were in the thick of the infrastructure improvements last spring, summer and fall and did a tremendous job."

Congratulations to Cedar City's outstanding employees!

## 'Little Angels of Korea' coming

In commemoration of the 60th anniversary of the Korean War, the Little Angels Children's Folk Ballet of Korea recently completed a 16-nation tour to show appreciation to those nations whose efforts ultimately led to modern day South Korea's freedom. The highly touted performance troop will continue its tour into the new year with a stop in Cedar City's Heritage Theatre on February 8th at 7 p.m.

The Little Angels Children's Folk Ballet was founded in 1962 when South Korea was still struggling to regain its footing, to project a positive image of South Korea and to lift the moral spirit of its recovering people. The troop has developed an international artistic reputation for folk performance, while tirelessly promoting the deeper message of peace and goodwill.

The Korean Cultural Foundation, the South Korean government, and Cedar City Corporation invite you to the Cedar City performance, featuring the most talented youth from South Korea. This free performance will include traditional folk dances rooted in Korea's rich past. The colorful costumes and the beautiful rhythm of young, pure voices and drums raised in song will guarantee a not-to-be forgotten evening for the entire family, while delivering a message of peace and hope. For more information on the Little Angels of Korea, go to [www.kw60project.com/aboutla.html](http://www.kw60project.com/aboutla.html).

The free tickets will be available (first come, first serve) at the Heritage Theatre Box Office starting January 30th.



(CONTINUED FROM PAGE 1)

I have served on the Chamber of Commerce Board of Directors; on the Iron County Tourism Board; President of the SUU Alumni Association; and as a member of the SUU Board of Trustees. I am currently serving on the Board of Directors of the Utah State Fairpark. In addition, I have also been an adjunct instructor at SUU, teaching both communication and business classes.

Our family loves Cedar City and the surrounding area. We enjoy our family gatherings when we all reminisce about growing up in Cedar, especially the "do you remember when," and, "do you remember so and so." We particularly like our visits to the campus at SUU while wearing our SUU t-shirts and hats!

I realize how difficult it is to write your own biography, and I appreciate our new council members assisting me with my column this month. I look forward to working with Nina, Ron and our three new council members.

As I mentioned last month, Steven Heath will be writing about some interesting places to visit this year. Below is his first offering.

In 1994, I was invited to speak at the Moscow Pedagogical School on Geometry. Right before my presentation my son, Jason, and I had the privilege of viewing the Czar's Crown Jewels at the Kremlin. Later that day, at the end of my presentation, I mentioned my experience with the Crown Jewels and then told those present that I was fortunate to live among the "Crown Jewels of Mother Nature" --- the national parks and monuments of southern Utah.

Iron County includes two of

these crown jewels: Cedar Breaks National Monument and the Kolob section of Zion National Park. We also live within an easy day's drive from the rest of the state's national parks and monuments, the Grand Canyon, and Great Basin National Park.

There are also some spectacular scenic views, waterfalls, arches, Indian glyphs, unique flora and fauna, etc. in our immediate area. In this series we hope to explore some of these places with you.

At Cedar Breaks, the views are sublime. Hiking the trails is relatively easy along the rim's various lookouts; or difficult, like the Rattlesnake Creek Trail. Hikers can obtain information about these hikes from rangers at the monument's visitor's center and on the Internet.

Cedar Breaks can be explored year-round. In the winter, one can use a snowmobile or cross-country skis. And for a spectacular scenic view of the monument in the summer, drive to Brian Head Peak and look southwest across the monument.

One of the interesting features of Cedar Breaks are the numerous arches that you see below the rim. One of my favorites is Square Arch, which can be seen out the windows of the visitor's center. It is only few hundred feet away, but can only be visited with a long hike into the canyon from below. The arches can be difficult to see, but morning and evening shadows can make them easier to identify.

Another feature of the monument is the Bristlecone Pine Tree. This unique tree is one of nature's oldest living plants in the world. Some at the monument are at least 2000 years old. Later, we

will devote one column to this tree and the various locations it can be seen around Cedar City. Next month we will talk about Indian glyphs in the Cedar City area.

Valley View Medical Center shares these tips for sticking to your health resolutions for the new year.

**Attitude** - Believing you can change is essential. Add a vegetable to lunch or walk for ten minutes. Break your goals up into small steps.

**Late night eating** - Eat half of your calories before 5 p.m. If you don't, you might not be eating enough during the day to prevent feeling extra hungry in the evening. The longer you go without enough food, the more hormones are released telling your body it needs to eat.

**Using exercise as an excuse to eat more** - People tend to eat more on days they exercise. Stick with some low-calorie, satisfying foods that fit into your meal plan.

**Stealing a sweet treat** - Little bites can be found in a co-worker's candy dish, etc. Write down everything you eat. People who keep food diaries tend to lose and keep weight off because they track how much they are eating.

**Making excuses** - Making excuses will not get you where you want to be. When you have a craving: HALT: are you Hungry, Angry, Lonely, or Tired? These are common reasons cravings seem to increase.

**Procrastination** - When we think of weight loss, a year seems far away. As you make healthy choices daily, think about how much weight you will have lost by next year at this time.