

Festival City USA This Month

CEDAR CITY, UTAH, COMMUNITY UPDATE



FOR THE MONTH OF JULY 2011

A MESSAGE FROM THE MAYOR



Dear Cedar City Residents, This month I have taken over the newsletter from my husband, and I am using the space to promote the Cedar City Family Festival that will be held on the 5th and 6th of August. When Joe became

mayor, I expressed to him that I would be willing to do what I could to save the Family Festival, and for the past several months, I have been out begging for money and volunteers to put on the festival. Now thanks to many wonderful people in our community, who have donated time and money, we are ready to tell you what is planned. Before I do that, I am sending out a request for help because we are still in need of a few prizes. So if you feel that you can help, please contact us through the Festival's website which is cedarcityfamilyfestival.info. The website is also the place to sign up for the activities. One of the most important things we are doing is a "Family of the Year" contest. The prizes for this are a \$1,000.00 CD from State Bank of Southern Utah to the winner, with a \$500.00 gift certificate to Lin's and a \$500.00 gas card from Jenkins Oil to the 1st and 2nd runners up. The nominating person will also win a prize.

The Festival begins at noon on Friday with games and entertainment at the Main Street Park. In the afternoon, the wiffle ball tournament and basketball tournaments begin. The rules and signup forms are on the website mentioned above. Friday evening will

be the "Cedar City's Got Talent" show. Following this will be a movie, "Gnomeo and Juliet" at the park. Saturday begins with a 5K run/walk followed by a Little Red Wagon Parade down Main Street.

After the parade things get moving at the park with games and entertainment and the wiffle ball and basketball tournaments continue. If you would like, bring your lunch to the park or plan on purchasing lunch from the food vendors that will be there. The PTAs will be selling food. Saturday evening brings a program where the winners of the "Family of the Year" contest will be announced, and Chereene Heap will be the speaker.

I am willing to work on this because I feel that playing together as families is as important as working together as families. I am asking for your support. It is going to be FUN, with lots of great prizes. Put it on your calendar now!

Thanks,
Beverly Burgess

Every news broadcast in May and June this year mentioned potential flooding in Utah as the deep mountain snowpack started to melt. Historically, Iron County communities have not suffered near as much flood damage from snowmelt as they have from summer thunderstorms.

One of the most devastating floods in Cedar City history occurred on Thursday, July 26, 1956, following a cloudburst on the face of Cedar Mountain at Green's Lake. Floodwaters swept down the mountain, crossed Main Street (US 91), and followed an old swale through the west side of the city, damaging homes from 450 West to 1400 West. The city engineering crew ran ahead of the three-foot-deep flood warning

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Jeff Pulica is honored

Parks Maintenance Worker Jeff Pulica, has been selected as Cedar City's employee of the month by the Employee Advisory Committee.

Jeff has worked for Cedar City since April 2009. He is an experienced parks employee, having worked for the Washington City and Henderson, NV parks departments prior to being hired by Cedar.

Jeff was nominated by Outdoor Facilities Director, Wally Davis, who wrote, "Jeff has an excellent work attitude. You can depend on him to get the job done and be done right. Jeff takes personal



initiative to make sure his work is completed on time and with excellent quality. When problems arise he makes

good decisions and takes care of the problems. Jeff supervises and maintains all of Cedar City's ball field complexes. He is very competent..."

Jeff was born at McGuire Airforce Base in N.J. He has lived in many different cities and went to high school and college in Las Vegas, NV.

He and his wife, Kristy, moved to Cedar City about six years ago. They are the parents of four biological children and one foster child.

Jeff says he likes working outside and enjoys the challenge of taking care of the ballfields.

Jeff enjoys being outdoors in his off-hours as well. His hobbies include softball, fishing, four wheeling, and yard work.

Festival City busy in July

July is always a busy month for Cedar City, and 2011 is no exception. This year's festivals include old favorites like the Tony-Award winning Utah Shakespeare Festival celebrating its fiftieth year with many special activities; the Neil Simon Festival, now in its ninth season; the Renaissance Faire, here for the 28th time; and the July Jamboree, Cedar City's gigantic summer block party. On July 25, the fourth annual Main Street Run/Walk will be held as part of the Pioneer Day celebrations commemorating the arrival of the pioneers in Utah. New this year in July is the Cedar City Fire Road Race on July 8 and 9.

This year the USF runs from June 23 through September 3 and features the plays *A Midsummer Night's Dream*, *Richard III*, *Romeo and Juliet*, *The Music Man*, *The Glass Menagerie*, *Noises Off*, *The Winter's Tale* and *Dial M for Murder*. The Annual Board of Governors Gala will be held on July 15th, featuring dinner, entertainment, and a silent auction – all followed by *The Music Man*. July 16 is the Concours d'Elegance Vintage Car Show featuring stylish cars from the past. For more information on plays or other events, call (435) 586-7884.

The Neil Simon Festival begins July 14, see page 3 for details on the sidesplitting plays offered this year at the beautiful Heritage Theater.

The Renaissance Faire will be held Wednesday, July 13 through Saturday the 16th at the Main Street Park. The Faire offers medieval style fun, games, booths, entertainment and a wide variety of delicious food. There is no admission charge for this unique festival.

On July 8 and 9th, the 14th annual July Jamboree will once again close down Cedar City's historic Main Street and features live bands, vendors of all kinds and a great car show. The Main Street Cruise will take place Friday July 8th from 5-7 p.m. Other activities include a Dutch oven dinner, live music, and a breakfast buffet at the Garden House. For more information, contact dtrujillo@infowest.com or wclark@infowest.com.

Also on July 8 and 9th, Cedar City will host a new event, The Fire Road 100 Off-Road Bicycle Race. This event will include a two day expo at Main Street Park in downtown Cedar City and feature courses of 25km, 60km, and 100km, all on improved dirt roads offering riders of every level and their families the opportunity to experience the spectacular beauty of Southwest Utah and all of the summer activities that Cedar City has to offer. If you can ride a bike you can take part in this activity. For more information, contact Byron at (435) 865-5108 or go to www.fireroadcycling.com.

Pioneer Day will be celebrated on Monday, July 25 this year. The fun begins with the 4th Annual Main Street Mile Walk/Run beginning at 9:30 a.m. beginning at the Staples parking lot and ending at the Main Street Park. Register at the Aquatic Center by 5 p.m. July 22nd or at 8 a.m. at the Event. Cost is \$8.00 - Additional Family Members \$5 (T-shirt included). The parade begins at 10 a.m. on Main Street after the run, followed by activities, entertainment and food in the Main Street Park.



Electronic recycling event to be held

Wondering what to do with your old computer or electronic gadgets? Pure Recycling is providing Cedar City residents the opportunity to recycle old electronics on July 16, 2011, by hosting Virgin Valley Recycling. Pure Recycling is a local processing plant for recyclable paper, plastic, cardboard and glass with customized programs to fit many commercial, business and residential needs in Iron County.

This collection event will give citizens the chance to dispose of their old electronics in an environmentally responsible manner. Electronics take up valuable space in a landfill, as well as contain components that can be harmful to the environment when they break down in the landfill. This collection event will be held on Saturday, July 16th from 9 a.m. to 3 p.m.

Bring your old electronic items to Pure Recycling, located at 1342 W. Industrial Road. Pure Recycling will partner with Virgin Valley Recycling for the collection.

There will be a \$10 tax deductible charge for CRT monitors. All other electronic items will be accepted for free. Only plasma and LCD flat screen televisions will be accepted. No large appliances are accepted at this collection. All items will be processed at Virgin Valley Recycling's facility in Hurricane.

To learn more about Pure Recycling call 435-704-4863, and for more information about Virgin Valley Recycling visit virginvalleyrecycling.com or call 435-705-8827.

Public Works Report

STREET MAINTENANCE: We will continue our annual street maintenance in July with skin patching and chip sealing. The area of the City scheduled for maintenance activities includes areas south of 200 S., east of I-15 and west of Main St., and the area south of the Staples/Christensen's shopping center east of Main St. When you see crews approaching your neighborhood, we encourage you to park your vehicle in the driveway so the maintenance work can be done completely. Normal garbage pick-up will remain on schedule.

RECYCLING: Thanks for recycling. PURE Recycling's new location is 1342 W. Industrial Road (the old Coke plant). Cardboard may be taken there. Please break boxes down. Please compact all items before disposing. Bins are emptied every Tuesday. Please do not leave

any debris behind at the recycling sites.

WATER: Please remember that during these months the ground is still saturated from the winter, so there is no need to jump the gun on irrigation. There is little need to water after a rainstorm. Watering in July should be ½ inch every 3 days. Watering is to be done before 8 a.m. and after 6 p.m. Let's do our part to conserve water.

AIRPORT: We would like to remind travelers who are checking baggage to arrive at least 30 minutes before your flight in order to allow proper baggage screening to take place.

The Public Works office reminds you that any work done within the road right-of-way requires an encroachment permit, which can be acquired at our office at 716 N. Airport Rd. We appreciate any comments or observations on any Public Works operations. Please call us at 586-2912.

Neil Simon Festival

AT THE HERITAGE THEATER

BAREFOOT IN THE PARK by Neil Simon
7:30 pm – Jul 14, 22, 26, 29; Aug 2, 5, 9, 11
2:00 pm – Jul 21, 28; Aug 4, 11

Newlyweds Paul and Corie are hopelessly mismatched. He is a straight arrow while she is an uninhibited free spirit. Add a visit from Corie's loopy mother, and everything that could go wrong, does.

THE NERD by Larry Shue
7:30 pm – Jul 15, 21, 28; Aug 4, 11
2:00 pm – Jul 23, 27, 30; Aug 3, 6, 10, 13
A young architect is visited by a man he's never met, but who saved his life in Vietnam. The visitor turns out to be a hopeless nerd who outstays his welcome.

RUMORS by Neil Simon
7:30 pm – Jul 16, 23, 27, 30; Aug 3, 6, 10, 13
2:00 pm – Jul 22, 29; Aug 5, 12
The Deputy Mayor of N.Y. has just shot himself and guests are arriving for his wedding anniversary. Though only a fleshwound, his lawyer and wife must get the story straight for the other guests. Classic farcical hilarity ensues. Go to www.simonfest.org for more info.

Recognize the signs of Domestic Violence: Facets of a Healthy Relationship Part 10

♥Honesty♥

Honesty is essential to a healthy relationship. Honesty involves truthfulness, having integrity and being able to admit when you are wrong. Hiding things from your partner, having secret relationships, engaging in manipulation or coercion, making light of abuse or saying it did not happen and shifting responsibility for abusive behavior is not honest. This is emotional abuse. If you or someone you know is experiencing an abusive relationship, please call the Domestic Violence LinkLine at 1-800-897-LINK (5465).



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people to get their children inside, as flood waters rushed through the streets and yards and into the basements of homes.

A day later another cloudburst and flood hit the same area. The iron mining companies and state and county departments sent bulldozers to help, and by Saturday dikes were built south of the city to divert the water toward the west and into the fields. Early Sunday morning, another storm brought a third flood. Mayor Arnold E. Anderson declared a state of emergency and hundreds of volunteers left their church meetings to help again. Under anxious watch, the dikes held. Monday morning brought another flood, and Monday afternoon a fifth flood roared out of the hills. The dikes held again. Estimates of damage to homes and streets exceeded \$100,000.

These floods led to construction of the Green's Lake Watershed Project in 1958. A series of three basins were built along the foothills to catch floods and carry the water around the city. On August 17 and 19, 1958, a cloudburst dropped almost three inches of rain on Cedar Mountain, making virtual rivers of Cedar's streets again. Sixty acre-feet of water was diverted on Saturday and a hundred acre-feet of water on Monday by the watershed project, which functioned perfectly. Although ballparks, North Elementary playground and some basements were flooded, damage was minimal.

Since the 1950s, many small floods have been recorded. In 1961, there were eighteen floods in the Cedar Canyon drainage. Depending on the spot of the

cloudbursts, each flood was a different color. On August 3rd, a large "red flood" originated in Cedar Breaks and the water carried so much sand and clay that it would hardly run, yet pressure carried the waters almost to Quichapa Lake. Huge rocks weighing up to 500 pounds were sliding along the channel and hundreds of large logs came hurtling out of the canyon, jamming bridges and extending to the airport; which was covered with a thick layer of mud. In 1968, a "black flood," with sediment that included coal, washed out U-14 at the Maple Canyon Bridge.

The last major flood was in Fiddler's Canyon. In the 1930s, the Civilian Conservation Corps built flood-control projects in this steep canyon with 7.5 square miles of watershed, but several small floods washed them all away, including one in August 1965. On July 31, 1989, a heavy summer storm washed down Fiddler's Canyon. Homes and businesses in the Fiddlers and Sunbow subdivisions, built since 1965, were attacked by raging water, rocks, debris, and thick mud, finally stopping in the fields near I-15. Damages were estimated at \$4 million.

For a desert area, Iron County continues to have more water history than places where annual precipitation is much greater. The complete history is told in *A History of Water in Iron County*, by Clemont B. Adams (2007), available at your local library. ...Keith and Janet Seegmiller

Valley View Medical Center shares this health information for July:
A recent U.S. Surgeon General

report concluded that there is no safe level of second hand smoke, so any encounter with tobacco smoke poses a health risk. "Lung cancer, heart disease, throat and mouth cancers, emphysema, peripheral vascular disease, coronary artery disease, and many other serious health conditions are either caused by or aggravated by tobacco," said Dr. Steve Van Norman, medical director for Intermountain's southwest region.

If you've visited a hospital in southern Utah recently, you've probably seen the signs: all facilities in Intermountain's southwest region are going tobacco-free in July.

"As hospitals, we have the responsibility to be healthy role models in our communities," said Jason Wilson, administrator at Valley View. "Intermountain dedicates significant resources and time to create healing environments. When we have tobacco use on campus, it takes away from that." At the same time, "We want to be respectful of patients, visitors, volunteers, and employees... This is not a Utah issue. This is a health issue. As of 2008, 2,600 hospitals nationwide had gone tobacco-free. Intermountain facilities in the urban areas of Utah are already tobacco-free as well."

For those who want to quit using tobacco, a number of resources are available at no charge, including: Free & Clear (1-800-292-2336, www.freeclear.com) and the Utah Tobacco Quit Line (1-888-567-8788, www.tobaccofreeutah.org).

A number of insurance plans also cover smoking cessation programs, check with your carrier.