

# Festival City USA This Month

CEDAR CITY, UTAH, COMMUNITY UPDATE



FOR THE MONTH OF JUNE, 2011

## A MESSAGE FROM THE MAYOR



Joe Burgess

With June here, I am delighted (and relieved) to announce that the budget is balanced and has been submitted to the City Council. While crunching the numbers, we were pleased to find that City revenues have stabilized, and we are projecting them to be up a little, which is

encouraging. Other exciting news is that the next phase of our trail system on the southeast side of town is now under construction and moving forward on schedule. In addition to this, we are upgrading some of our infrastructure, and all three phases of a planned sewer repair have been bid out, with all the bids coming in under our budgeted amounts for the projects. Other infrastructure upgrade news is that one of the water improvement bids has been let, with the other two phases of the water and the storm drain upgrades bidding this month. We are working hard to make our City both beautiful and functional.

This time of year we have a lot of transition in our City with University students returning home for the summer and Shakespeare production members and actors arriving. I had the opportunity to speak to the actors and other production and staff members at a barbecue a couple of weeks ago, and they are excited to be in Cedar City and to be part of the Utah Shakespeare

Festival's 50th season.

Other activities to add to the busy schedule this month are the Summer Games, the State Special Olympics, the Outdoor Adventure Fest, the Paiute Pow Wow and parade, and the Groove Fest Run for the Music Quarter Marathon. I encourage all of you to take advantage of the many activities that will be going on this summer here in Festival City.

Below is additional history of the Utah Shakespeare Festival, courtesy of Keith and Janet Seegmiller.

Last month we reviewed the dream and tentative steps that led to the development of the Shakespeare Festival. Having "tested" a Shakespeare play on Cedar residents in February 1961, Fred Adams was satisfied that they would support more of this kind of culture. The target date for the premiere of the Utah Shakespeare Festival was July 1962. Much had to be done in the next 16 months, but those tasks were no match for the boundless energy, solicitation and organizational skills of the young Mr. Adams.

The challenges of making that dream come true included obtaining support from the college president, help from community volunteers and financial donations. Decisions had to be made about which plays to present, and an official name had to be chosen. Audiences had to be attracted, so ticket sales would cover a sizable portion of expenses.

College president, Royden C. Braithwaite, was excited about the idea, but could provide only facilities, utilities and dorm rooms for the actors. No other financial support could be squeezed

(CONTINUED ON PAGE 4)



## Randy Clove is recognized

The Cedar City Employee Advisory Council has selected Wastewater Collections Operator, Randy Clove, as June's Employee of the Month.

Randy's responsibilities include overseeing the workload of other operators and working with contractors. He was nominated by Wastewater Superintendent, Darrel Olmsted, who wrote, "Randy goes the extra mile and expects the same from those he works with---including contractors. Because of Randy's dedication to the City, his supervisor relies heavily on his



ability to complete all routine and non-routine tasks. Randy never brings his personal problems to work; thus, work comes first. Randy Clove's ability to

adapt to changing situations in the field makes him a valuable asset to the City, and his dedication and work ethic makes him a valuable asset to his supervisor."

Randy was born and raised in Cedar City, and he graduated from Cedar City High School. He is a veteran of the armed forces, having served four years in the Marine Corps. While a Marine, Randy was stationed in 13 different countries.

Randy enjoys hunting, fishing, boating and all other outdoor activities. He and his wife, Lisa, have been married for 11 years and are the parents of three girls and one boy.

Randy says he likes everything about his job, and he really enjoys working with the public. Congrats!

## Water conservation tips

Did you know that most lawn problems are a direct result of over watering? Maintaining your lawn properly will help you save time, money and WATER, a precious and limited resource.

**MOWING:** Is your lawn shorter than your carpet? Leaving grass longer will promote its water conservation. Grass will shade itself as it grows longer, reducing its overall water need. This also reduces the growth rate of the grass, meaning less frequent mowing! Experts recommend cutting grass to a total length of 3 inches.

**STRESSING:** The expression, "What doesn't kill you only makes you stronger," applies to your lawn. Letting your lawn go an extra day without water promotes deeper root growth. The deeper the roots are allowed to penetrate the soil, the better overall health of your lawn. Roots will only grow as far as they need to in order to get water. If the grass always get water near the surface of the lawn, the plants have no incentive to grow deeper. Try waiting as long as possible in the spring before watering. The longer you wait, the healthier your lawn will be in the summer months. And don't worry. It's virtually impossible to kill your lawn. The lawn may turn brown in areas, but it is just the plant going DORMANT, not dying. Hand watering will make that spot spring back to life.

**PROPER LAWN WATERING:** Water your lawn deeply and infrequently to encourage deeper root growth. Typically, your lawn needs to be watered for about 20 minutes every 3 days during the months of June, July & August.

**AUTOMATED SPRINKLER SYSTEMS:** A study found that residents with automatic sprinkler systems in Salt Lake City typically water 44% more than necessary. Your landscape needs much less water during the spring and fall than it does during the summer. Water only between 6 p.m. and 8 a.m. This is a City ordinance. Not watering during daytime hours will reduce the amount of water you lose to evaporation (up to 40%). Don't water during or after a rainstorm. Mother Nature provides about 30-40% of the moisture your lawn needs to remain healthy. Program your timer to cycle watering events. Clay type soils and areas with slopes usually cannot absorb water fast enough to prevent it from running off. To alleviate this, water for several shorter periods, with about an hour in between, to let the water soak into the soil (see below).

**CYCLE & SOAK:** On soils with high clay content, or sloped areas, try cycling to conserve water. Cycling breaks up the required run time into several short durations that allow the water to penetrate deeper into the soil. Turn on your system and time how long it takes for water to start running off. Divide the recommended minutes by this to give you the number of cycles to run. For example, if water begins to run off after seven minutes, divide the suggested number of minutes (21) by seven. This gives three cycles, with one hour between each cycle.

**SPRINKLER CHECK:** Perform a sprinkler check monthly to make sure that no water is sprayed on the street or sidewalk; no obstructions are preventing water from reaching desired areas; and there are no leaks or breaks in the pipes.



# Ordinances keep City tidy

Residents have the opportunity to ensure that Cedar City remains clean and beautiful by complying with City Ordinances that have been instituted to sustain and improve the great quality of life we enjoy in our community. Some laws that many residents are not aware of are:

## Posting Signs

Posting garage sale, lost pet, business opportunity, or any other signs on street or utility poles is illegal in Cedar City. Most people who put up these signs forget them when their event is over and they become faded and unsightly. Ultimately, unless they are removed by a City or Police volunteer, they are blown off the poles by our famous Cedar City winds and become litter in the street or in some innocent person's yard. Please be considerate when advertising your event and either use radio, newspaper or on-line resources.

## Nuisance Ordinance

It is illegal to store junk, appliances, plant debris, wrecked cars and other unsightly items in your yard if they are not behind a fence that totally obscures them from public view. The nuisance ordinance also prohibits properties from having noxious weeds, or dry weeds that would constitute a fire hazard.

## Abandoned or Unregistered Vehicles

It is illegal to leave a vehicle on the street in the same place for more than 72 hours, whether it is registered or not. This includes trailers and boats. If the vehicle is not moved after a tow sticker is placed on it, officers will tow it, and the owner will be responsible for the impound fees. It is also contrary to the Nuisance Ordinance to have unregistered vehicles stored on private property. It is up to the property owner to remove them, or to conceal them completely with a tarp or behind a fence. Failure to do so can result in an administrative citation and/or fines.

Most of these "quality of life" ordinances are just common sense, being a good neighbor, and adhering to the "Golden Rule." It might be helpful to stand back and take a clear, objective look at your home or business and try to see how it looks from the neighbors' point of view. That "classic car" that you have been planning to restore for years may, in reality, look like a junker. Put it behind a fence or in the garage. Take a walk around your residence or business and observe first-hand what the pedestrians who pass by are experiencing. Your neighbors will appreciate it.

## Public Works Report

**STREET MAINTENANCE:** We will continue our annual street maintenance in June with skin patching. The area of the City scheduled for maintenance activities includes areas south of 200 S., east of I-15 and west of Main St., and the area south of the Staples/Christensen's shopping center east of Main St.

**RECYCLING:** Thanks for recycling. PURE Recycling's new location is at 1342 W. Industrial Road (the old

Coke plant). Cardboard may be taken there for recycling.

**AIRPORT:** We would like to remind travelers who are checking baggage to arrive at least 30 minutes before your flight in order to allow proper baggage screening to take place.

The Public Works office would like to remind you that any work done within the road right-of-way requires an encroachment permit, which can be acquired at our office at 716 N. Airport Rd. We appreciate any comments or observations on any Public Works operations. Please call us at 586-2912.

## Cedar City Library's Jubilee of the Book

WED., JUNE 8, 7:30 p.m.

**Kimberly Johnson, Poet**

Author of *Leviathan with a Hook* (2002), *A Metaphorical God* (2008), and translation of Virgil's *Georgics* (2009).

THURS., JUNE 9, 6:00 p.m.

**Col. Gail S. Halvorsen**

In 1948-1949, Halvorsen was assigned to fly the "Berlin Airlift" and became known as "The Candy Bomber" for his gifts of sweets to the children of Berlin.

FRI., JUNE 10, 5:30 p.m.

**Celebrating 50 Years of the Utah Shakespeare Festival**

Meet USF actors in this evening of fun and discussion. Events include a Green Show like event, a visit from Queen Elizabeth, refreshments, children's jousting and more.

## Free Summer Food for Kids

Kids can have free lunch & fun while school is out!

For more information, contact Utahns Against Hunger  
www.uah.org  
or 1-800-453-3663.

## Recognize the signs of Domestic Violence: Facets of a Healthy Relationship Part 9

♥Freedom♥

Freedom is a major factor in healthy relationships. Freedom is feeling safe to build relationships on your own, or to seek education and employment. Freedom is not being confined in one's actions and ideas, or being restricted from access to friends and family. This is isolation, a type of abuse. If you or someone you know is experiencing an abusive relationship, please call the Domestic Violence LinkLine at 1-800-897-LINK (5465).



(CONTINUED FROM PAGE 1)

out of that year's budget. Finding donations to cover the cost of material for costumes and lumber for Fred's dream of an outdoor stage was difficult, so Fred was ecstatic when the local Lion's Club agreed to cover financial shortfalls up to a thousand dollars.

Fred's enthusiasm infected local residents who provided casseroles to feed the cast during practices, designed and sewed costumes, set up chairs, ushered and offered other supporting activities.

Fred and Barbara decided which three plays to present largely on the basis of which costumes they already had that could be reused. Fred even met with Governor George Dewey Clyde and solicited his input for the official name.

The marketing plan to draw people to the plays was ambitious, but constrained by a nearly non-existent budget. Fred took to the road, presenting plays in surrounding communities as often as possible. The college provided a part-time public relations specialist to write press releases, and sympathetic contacts were cultivated among the state's most widely-read newspapers and magazines. The tireless Bessie Dover wrote articles from every possible perspective and about every possible human interest. She recalls arguing with a Salt Lake Tribune editor about the placement of her submissions. His response was, "I'm doing you the biggest favor you could ever imagine by putting all of your news on the obituary page." She had to

agree: it was the best-read page in the paper.

Finally, July 2, 1962 arrived. Everything was ready, or so they thought. Two young trumpeters started to play the fanfare, composed by the college band instructor, announcing the beginning of the play. As the notes rang out, Fred realized that the cast had not rehearsed a way to get from the dressing rooms to the stage. Thinking quickly, he grabbed torches from a rack of Hamlet props, lighted them, presented them to costumed pages, and directed them to lead the cast to the stage in full view of the audience. This actors' procession across the patio became a Festival tradition and an audience favorite for many years.

In the words of one of those young trumpeters, who also had a part in Hamlet, "It was a magical time. The beautiful campus in the twilight, the warm, evening breezes: it was enchanting. Being a part of something so new and exciting was a thrill never to be forgotten. In such a time, it was to be expected that romances would bloom – and they did."

None of that first cast and crew could have imagined, however, that from their amateur efforts would arise a Tony Award-winning regional theater of world recognition which would last and grow for 50 years.

Much of the information in this article was adapted from the book, *Celebrate Fifty Years: Utah Shakespeare Festival*, available in mid June from the Utah Shakespeare Festival.

Valley View Medical Center shares this advice on healthy eating this month:

### *Shopping smart is a key to healthy diet*

Eating healthier meals starts with a trip to the grocery store. Having all the ingredients for meals can eliminate the need to buy fast food, and you're more likely to eat fruits, vegetables, whole grains, and healthy fats if you have them on hand.

Enhance your health, but not your waistline, with these tips:

- Eat before going to the grocery store. People tend to buy more when they are hungry.
- Plan a weekly menu and build your shopping list around the items you need. Include a serving of fruits or vegetables at every meal and snack.
- Cut coupons for pantry staples, like whole-grain flour, brown rice, oatmeal, canned fruits and vegetables, and olive or vegetable oil. Look at sale ads for the best prices on fresh produce, eggs and meat.
- Participate in "Meatless Monday." Meat can be expensive and high in fat. Eating one meatless meal a week can improve your health and save money.
- Shop the perimeter of the grocery store. Processed foods are usually on shelves in the middle of store.
- Focus on eating a variety of foods from each food group.
- Read labels. Look for foods that have more than three grams of fiber and less than 149 milligrams of sodium.
- Pay attention to the calorie amount and serving size of foods your family enjoys.